

3 YEARS

You are Your CHID'S 1ST TEACHER

WELLSTAR
Health System





READY, SET... READ![3 YEAR OLD FAMILY CHECKLIST AND GUIDE]

FAMILY CHECKLIST:

- Do you read books about children that look and live like them, as well as about children living very different lives?
- ➤ Do you read counting books or other math concept books about things like size or time?
- Do you read books about science and how they work such as weather, plants, animals and, or tools?
- Do you read books for your child about things they have a special interest in such as trains, animals, or cooking?
- Do you read books about making friends, or dealing with the challenges of friendships such as making up after an argument, dealing with bossy friend, etc.?
- Do you read books with your child about going to school or to the doctor?
- > Do you read books about having brothers or sisters?
- ★ Do you read books with simple text that they can easily memorize or read?

TIPS FOR FAMILIES:

- Expose your child to books with information important to him/her. Books should reflect various images of children to include children who live and look like them, as well as things that are familiar to them.
- Provide books about different topics that your child is specifically interested in to spark your child's attention and keep their interest in reading.
- Select books with simple words and vivid pictures to capture your child's attention.

SUGGESTED READING:



✓ MORE GREAT BOOKS:

• Chicka Chicka One Two Three [Bill Martin, Jr.]

Caps for Sale [Esphyr Slobodkina]

*Additional Resources:

*A QR Reader app may be needed to view this information and may be downloaded from the App Store or Google Play.

