

September 20, 2024

Dates to Remember

9/23 - 9/27 Fall Break
10/1 Parent University, 5:30
10/3 Kell Homecoming Parade, 6:30
10/4 First Friday \$1, Bring a Stuffy
10/9 Walk to School Day
10/11 LEGO Competition at Rocky Mt., 5:15
10/14 Digital Learning Day and PL (time TBD)
10/15-10/18 Conference Week and early release

Did You Know

Keheley will have now have quarterly Honor Roll for 4th and 5th grade students and quarterly attendance awards for K-5th! We are excited to showcase our student's academic successes beginning in October. Students will receive certificates, have their pictures on Instagram and their name on the lobby TV.

Parent Survey

Please take a moment to complete the Cognia parent survey by clicking here:

<u>Cognia Parent Survey</u>

To date, only 11 parents have completed this time sensitive and important survey.

Certified Employee of the Year

We hd a wonderful time celebrating Mrs. Krista Schmitz, our Classified Employee of the Year, at the District luncheon this week. Thank you, Mrs. Schmitz for all you do each day to support our Keheley community!



Parent University

Join us for our First Parent University, Oct. 1, 2024 at 5:30pm

Each quarter Keheley and PTA will offer a Parent University with FREE childcare (ages 4 and older) and FREE dinner. This month the topic is on Executive Functioning presented by Megan Arocho. RSVP HERE:

https://www.signupgenius.com/go/409054DA4AE2CA46-51503316-parent

Executive functioning skills are vital for young learners, as they lay the groundwork for academic success and personal growth. Skills like planning, organization, time management, and self-regulation help children navigate daily tasks and challenges, fostering resilience and independence. Parents are encouraged to attend our Parent University on executive functioning to understand how these skills impact their children's development and to gain practical strategies for support at home. By working together, we can equip our children with the essential tools they need to thrive in school and beyond.



Parent University



Practical Approaches for Parents



Tuesday, October 1st from 5:30-6:30PM

Free Childcare & Pizza will be provided! Please RSVP (scan QR code) or use link below) with # of adults attending & # children requiring childcare (ages 4 & up only for childcare)



https://www.signupgenius.com/go/409054DA4AE2CA46-51503316-parent

Through the Lense











Introducing the First Annual Rocky Mount Elementary **LEGO® Building Competition!**



DATE: Friday, October 11th, 2024
CHECK-IN: ROCKY MOUNT LOBBY 5:15 PM - 6:00 PM
COMPETITION START TIME: 6:15 PM
ELIGIBLE PARTICIPANTS: Grades 2 through 8
ENTRY FEE: \$25 per participant
SPONSORED BY: COBB EMC

LIMITED **ENTRIES**

Five finalists from each grade level* will be selected by a COBB EMC Master Lego judge during the first round. These finalists will then compete in the second round. The top three final winners in each grade level group will receive the following prizes: 1st place will earn a \$50 Visa Gift Card, 2nd place will receive a \$40 Visa Gift Card, and 3rd place will be awarded a \$30 Visa Gift Card. All participants will keep their Lego® Kits.

REGISTER HERE

https://4agc.com/event/rockymount



For any questions, please reach out to foundationrockymount@gmail.com

Registration will close on Friday, October 4th, or when we reach 20 participants from each grade level. 'Please note that students in grades 6 to 8 will compete together at the same level. This event is sponsored by COBB EMC and is not associated with, endorsed by, or supported by LEGO®. Proceeds from the event will benefit the

> Rocky Mount Foundation. "Food and beverages will not be provided, you are welcome to bring your own to enjoy!
> "Additionally, please keep in mind this is not a drop-off event; parents are required to stay.

North Georgia State Fair

The Fair is here! Check out their website for awesome daily events and free entry. There in no ticket needed on Sun., Sep. 29 for student free entry. https://www.northgeorgiastatefair.com/daily-specials

Tech Tip

Our school Bingo night was a blast! It was fantastic to see families sharing some classic fun together and taking a break from screen time. Digital fatigue can sneak up on us in funny ways. If you notice you are trying to put a password into your microwave, try scheduling regular screen breaks for you and your family. By designating specific times as device-free, families can dive into activities like outdoor play, board games, or cooking together, which fosters stronger relationships and healthier habits. These breaks also help reduce the negative impacts of excessive screen time, such as eye strain and disrupted sleep patterns. So, let's up our family engagement, decrease evening screen time, and give our eyes and brain the rest they need for a quality night's sleep.

Keheley PTA and Foundation Updates













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