

October 18, 2024

Dates to Remember

- 10/26 Campus Clean Up Day
- 10/31 Book Character Dress Up Day
- 10/28 Comet Run Kick-Off in school
- 11/1 First Friday \$2 Hoodies
- 11/5 Election Day - No school for students
- 11/7 Comet Run!

Did You Know

We raise money each year by completing a Comet Fun Run! The season is here, so please register and collect donations for your student!

<https://gofundschoools.com/keheley/>

Follow us on Insta: @keheleyes

Today is the LAST day to take the survey:
Cognia Parent Survey

Through the Lens



Connection Corner: Bridging School to Home

In October, we held our first of four Parent Universities for this school year. October's focus was on Executive Functioning. If you were not able to attend, please [CLICK HERE](#) to view the presentation presented by Megan Arocho. Our next Parent University, in partnership with PTA to provide child care and dinner for all, is on Jan. 7 and will focus on Emotional Regulation and Behavior Strategies.

Just like food, water and sleep, movement is a daily need. (For kids and grown-ups alike!) Sometimes it can be hard to encourage kids to be active. But there are easy ways you and your child find the joy in movement.

Kids are more likely to lead an active lifestyle if they enjoy movement.

You can help your child figure out activities they like by showing them different types of movement. (It's best to start young, but it's never too late to try new things!) Not only will a variety of activities help you learn what your child enjoys, but being active also contributes to their social, emotional and brain development. Being active also helps kids develop their fine and gross motor skills.

Try these activities with kids:

- Help them learn to balance
- Daily stretching
- Practice dribbling a ball and walking at the same time
- Throw a Frisbee
- Figure out how to hit a ball with a racket/bat
- Use a Hula-Hoop with your hips, legs or arms
- Freeze Dance

LET'S MOVE!
Try each movement for 10 seconds

STRONG4LIFE
Children's Healthcare of Atlanta

RECHARGE your body and brain

How do you **FEEL** after moving your body?

Happy Brave Relaxed Proud Confident Excited

Information gathered from: [CHOA Strong for Life](#)

Tech Tip

In today's digital age, it can be challenging to distinguish between what is real and what is AI-generated. At Keheley, 2nd to 5th grade students have been learning how to create cards and posters using Adobe, and they're often amazed by the realism of their creations. Recently, social media has circulated images of recent storms designed to evoke strong emotions, but many of these images have been revealed to be AI-generated. At school, we will continue to help sharpen your child's cyber awareness skills. We encourage you to partner with us by reinforcing these important lessons at home. Together, we can empower your child to navigate the digital world safely and responsibly. Use the link from Common Sense Media to learn how to help your child spot fake news and decode media.

[English](#) [Spanish](#)

Blessing in a Backpack

Support a hungry child!

For the first time in fourteen years, one of our community programs that benefits our students, Blessings in a Backpack, needs additional funding to continue supporting families at our local schools. They provide a bag of food to almost 200 children in six schools weekly, so that children who might otherwise go hungry have something to eat over the weekend. It costs \$3 per child every week and only \$100 per child for the entire school year. Donations of any amount are greatly appreciated at giving.blessingsinabackpack.org/organizations/cobb-county-georgia. Thank you.



Keheley PTA and Foundation Updates

Comet Fun Run 2024

Our Comet Fun Run Season kicks off on Oct. 28th with student and teacher pep rallies! Our run is on Nov. 7th!

This year we are raising money for outdoor improvements like a gazebo refresh, shade structures for playgrounds, and refreshing recess equipment! Donations will also help with teacher training, provide gift cards to teachers to use for classroom resources, and support staff incentives. Because our fun run is non-profit, our school keeps 100% of every donation.

Please [CLICK HERE](#) to register your student. We hope to have 100% of students registered before Oct. 28th!



Garden Clean Up - Oct. 26th

Join us for Keheley's Garden Clean Up Day on October 26th from 9:00 AM to 1:00 PM! This is a great opportunity to meet our Environmental Chair and contribute to the beautification of our garden. Feel free to stop by anytime and stay as long as you can! Bring any yard tools, bags, and gloves you have, as we prepare the garden for spring planting. Your help will make a big difference!

[SIGN UP HERE](#)



Veteran's Day - Nov. 11th

Keheley is looking forward to honoring our community's Veterans at our Veterans Day Breakfast & Performance! Please send in photos of your Veteran by November 1, 2024, to be included in our presentation. Be sure to include your student's name, the Veteran's name and relation to the student, as well as their branch and years of service. You can email the photos to president@keheleypta.org.

Thank you for helping us celebrate our heroes!



Red Ribbon Week
October 21-25

Life is a MOVIE, Film Healthy!

Goal: Our school community will work together to encourage each other to make healthy choices!
Red Ribbon week challenges-choose one activity below:
1. Students can create a short video showing a healthy lifestyle choice. (30 -60 seconds)
2. Students can create Movie themed poster showing a healthy lifestyle choice.

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 - COMET SPONSORS: CHERRY CHIROPRACTIC