

October 20, 2023

## Upcoming Dates

Now – Oct. 25 – Donate for our Comet Run!

Oct. 23-Oct. 27 – Red Ribbon Week

Oct. 25 – Comet Run!

## Did you know?

Krispy Crème Donut Wednesdays are  
BACK!

Bring \$1 the second Wednesday of every  
month to get your donut!

## Comet Galaxy Tech Tip

### "Caring for your Children's Digital Well-Being"

In our increasingly connected world, let's take a moment to consider our children's digital presence. Before sharing their moments online, let's ensure we do it responsibly and with a gentle touch. Here are some tips to guide you in this journey:

- **Respect Their Wishes:** Ask your children for permission before sharing their photos or stories. As children get older, they may become more sensitive to pictures being shared.
  - **Share Mindfully:** Be cautious about sharing personal information about your kids.
- **Educate with Care:** Take the time to educate your children about the responsible use of the internet and the potential consequences of their online actions. Encourage them to think before they post.
- **Watch Over Them:** Keep a watchful eye on your children's online activities, especially when they're young, to ensure their safety and security.
- **Be an Example:** Lead by example by demonstrating kindness, respect, and responsible technology use in your own online interactions.

Remember, the digital footprint you create today will leave a lasting impact on your children's online world. By nurturing a responsible and caring digital presence, you not only protect their privacy but also guide them towards a safer and more thoughtful digital future.

## Life Skill Focus

### Recognize Progress

Brain development is shaped by consistent, supportive relationships; responsive communications; and modeling of productive behaviors. The brain's capacity develops most effectively when children and youth feel emotionally and physically safe; and when they feel connected, engaged, and challenged.

## Books for Africa

I am pleased to announce that Keheley Elementary will conduct a book drive to help Emily Jemison, an Ambassador Girl Scout earn her Gold Award. The Girl Scout Gold Award is the highest award a Girl Scout can earn. Emily is collecting gently used books to donate to Books for Africa. The books will be sent to libraries and schools in 27 African countries. The book drive will start on October 17<sup>th</sup> and run through December 8<sup>th</sup>.

You can drop your books off in the bin located in the atrium at Keheley.