

November 8, 2024

Dates to Remember

- 11/11 Veterans Day Celebration
- 11/12 K & 5th Family Thanksgiving
- 11/14 World Kindness Day
- 11/1-11/19 Thanksgiving Food Drive
- 11/25-11/29 Thanksgiving Break - No School

Did You Know

We met our school-wide goal of \$30,000 and even got to \$32,000 for a school-wide popsicle party! Thank you to all that helped us along the way! **Check out the quick reel from the Run attached to this Post.**
Follow us on Insta: [@keheleyes](https://www.instagram.com/keheleyes)

Comet Run Success





Connection Corner: Bridging School to Home

Don't Ignore the Power of Sleep

1. **Put Screens Away.** Turning off screens an hour before bedtime, removing screens from the bedroom, and creating a wind-down routine before bed that doesn't include screens
2. **Try not to Over Schedule.** More free time on the family calendar can make it easier for everyone to get the rest they need.
3. **Create a Bedtime Routine.** A regular bedtime routine is not only comforting to a child, but it also signals the brain to power down.
4. **Be Firm with Kids on Limits.** By maintaining clear limits, you're letting them know what to expect, which helps them feel safe and secure. If the expectations keep changing, they may feel uncertain and be more likely to test you. So, try to stand firm.



For more in depth details and examples visit: [CHOA Healthy Sleep Habits](#)

Tech Tip

In today's digital world, parents play an important role in guiding children toward meaningful and enriching screen experiences. Quality screen time goes beyond setting limits—it's about making each moment online count. Try exploring educational apps and websites that match your child's age, interests, and school topics. These thoughtful choices can turn screen time into engaging, valuable learning opportunities.

Examples of Educational Tools:

K-2nd
ABC Mouse, Typetastic, Kodable & The Cat in the Hat Built That
3rd-5th
Typetastic, Moby Max, Multiplication.com, Xtra math, Nitro Math, & Kodable

Thanksgiving Food Drive
November 1st-19th

Keheley is hosting a food drive to benefit local families. Please have your children bring food items to school and place them on the cafeteria stage OR parents can bring the items to the front office. Thank you.

We need the following items:

Boxed Stuffing

Boxed Mashed Potatoes

Packages of Gravy

Canned vegetables

Canned Fruit

Canned cranberry sauce

Rice

Jarred spaghetti sauce

Spaghetti noodles

Cereal

Boxes of Mac & Cheese

Canned Soup

Canned Yams

Boxed Brownie/Cake Mix

Canned Frosting

Pancake Mix/ Syrup

Keheley PTA and Foundation Updates

Veterans Day Celebration , November 11th at 7:30 AM

Don't forget to invite your Veteran to Keheley's Veterans Day breakfast & performance. Breakfast will be provided to all Veterans and all other guests are \$2.75 & students \$2.50 (make sure to add funds to my payment plus or bring cash). Breakfast begins at 7:30AM and the Kindergarten Performance will begin at 8:00AM. We look forward to honoring the Heroes of our Keheley community!

Thank you for helping us celebrate our heroes!



November 12, Thanksgiving Volunteers Needed

Keheley Elementary School is hosting a Thanksgiving luncheon on November 12 for kindergarten and 5th grade families and we are seeking your assistance. The PTA would appreciate your help in maintaining the flow of the event by clearing tables and adjusting decor as classes transition through their lunch periods. Please consider taking a brief shift so parents can enjoy a stress-free meal with their children. Your contribution is greatly appreciated. Please see sign up genius below to sign up for a shift!

[Sign Up to Help by Clicking Here](#)

THANK YOU!

To all our families, friends, volunteers, and community members, thank you! The outpouring of donations for our Comet Run and Keheley have been incredible and we appreciate your support.
Top three classes: Mrs. Dillon, Mrs. Wolfgang, and Mrs. Campbell!!!!



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