



TRANSITION SERVICES
EDUCATION. EMPLOYMENT. INDEPENDENCE.

2025-2026

Recreation, Leisure, and Community Participation



Community Resource Guide

2025-2026 Recreation, Leisure, and Community Participation Community Resource Guide

What You'll Find Inside

The 2025–2026 Recreation, Leisure, and Community Participation Community Resource Guide highlights programs and opportunities that support individuals with disabilities in staying active, building connections, and thriving in their communities.

- **Inclusive Recreation and Leisure Opportunities**
 - Includes a variety of programs and camps that offer sports, art, travel, and social activities.
- **Creative and Therapeutic Supports**
 - Details resources like music therapy and adaptive arts programs that promote self-expression, confidence, and overall well-being.
- **Community Participation and Connection**
 - Highlights activities and organizations that encourage belonging, independence, and meaningful engagement in the community.
- **Cobb County School District Transition Guides**
 - NOW/Comp Medicaid Waiver Guide
 - Family Support Services Guide



To use the active links in this guide, please access a digital copy of this Community Resource Guide on the Cobb County Transition Services webpage or through the QR code.

Resources found within the Cobb County School District Community Resource Guides are for informational purposes only. The resources contained here are not associated with, affiliated with or sponsored by the Cobb County School District. CCSD makes no recommendations about the validity or usefulness of any agencies listed herein. The resources contained in this guide may change after publication. Please contact the resources for the most up to date information on services provided.



Recreation, Leisure, and Community

Acworth Horizon League provides children and adults with developmental and physical disabilities the opportunity to participate in athletic and social events, develop lasting relationships among their peers, coaches and parents, and show them they are an important part of their community by creating an environment of inclusion for both their kids and their parents.

4361 Cherokee Street

Acworth, GA 30101

Phone: 770-917-1234

www.acworth-ga.gov/parks-recreation-and-community-resources/horizon-therapeutics

Aerie Experiences offers adventure-based, wilderness and therapeutic experiences (summer camp, social adventure groups, teen respite weekends, and family weekends) for those navigating Asperger's, High Functioning Autism, Learning Disabilities, ADHD, Neurobiological Disorders and other special needs.



Phone: 404-285-0467

www.aerieexperiences.com

The Alternative Baseball Organization provides a traditional baseball experience for teens and adults (age 15+) with autism and other disabilities. Players participate in drills, batting practice, and games officiated by real umpires. ABO promotes a competitive yet inclusive environment and operates teams across multiple Georgia locations. The program is proudly led and inspired by a coach on the autism spectrum.

Phone: 770-313-1762

www.alternativebaseball.org

The Atlanta Rowing Club is a non-profit organization dedicated to promoting the sport of rowing for all skill levels. Their adaptive rowing program provides opportunities for individuals with physical or cognitive disabilities to enjoy the sport in a safe and supportive environment. Participants receive specialized coaching and equipment modifications to ensure accessibility and success on the water.



500 Azalea Drive

Roswell, GA 30075

www.atlantarow.org



Recreation, Leisure, and Community

Autism Improvised helps young adults with autism improve social communication, self-advocacy, and flexibility in everyday situations. Through applied improv and theater-based programs, participants build confidence, learn to navigate real-life scenarios, and develop the tools to thrive in the workplace, community, and relationships. Programs are especially beneficial for individuals mildly to moderately affected by autism.



P.O. Box 862097
Marietta, GA 30062
Phone: 770-573-0320
www.autismimprovised.org



Beyond Limits Riding offers therapeutic riding, summer camps, and competitive riding opportunities, including a Special Olympics Equestrian team, for individuals with disabilities. Programs help participants build confidence, improve physical coordination and strength, and experience the joy of working with horses in a supportive environment.



Riding Facility: Watkins Farm
281 Cass-White Road
Cartersville, Georgia 30121
Phone: 678-813-8615
www.beyondlimitsriding.org



BlazeSports America offers adaptive sports and recreation programs for youth and veterans with disabilities. As a legacy of the 1996 Atlanta Paralympic Games, BlazeSports empowers individuals to increase physical activity, build friendships, gain independence, and develop skills that support success in school, community, and future employment. Programs include competitive and recreational sports, clinics, and community events throughout Georgia.



3000 Business Park Drive, Suite A
Norcross, GA 30071
Phone: 404-270-2000
www.blazesports.org



Camp Artism is a unique, specialized camp designed to support individuals on the autism spectrum in exploring and developing their artistic talents. The camp offers a safe, inclusive, and creative environment where campers can participate in activities such as animation, film, music, painting, special effects makeup, and more. The program aims to build self-confidence, encourage self-expression, and connect campers with peers who share similar interests in the arts.

Various Locations
Phone: 1-800-754-1950
www.campartism.com



Recreation, Leisure, and Community

Camp Big Heart is a week-long overnight summer camp designed for children and adults with mild to moderate intellectual and developmental disabilities. Sponsored by the Civitan Clubs of Georgia, the camp offers traditional summer activities like swimming, crafts, games, and talent shows in a supportive, structured environment. Campers enjoy making friends, gaining independence, and having fun on the beautiful grounds of the John Hope FFA-FCCLA Center in Fort Valley, overlooking Lake Lassiter.



P.O. Box 633
Bonaire, GA 31005
Phone: 478-216-8037
www.campbigheart.org



Camp Dream offers a traditional overnight summer camp experience for children and young adults with moderate to severe physical and developmental disabilities. Camp Dream provides a barrier-free environment with a one-to-one camper-to-counselor ratio. Campers enjoy swimming, crafts, games, and other fun activities designed to build confidence, friendships, and independence. Partial and full scholarships are available.



The Calvin Center
Hampton, GA
678-367-0040
www.campdream.org



Camp Twin Lakes provides weeklong summer camps and year-round weekend retreats at three fully accessible and medically supportive campsites across Georgia. They also offer day camps and Camp-to-Go programs in hospitals. Working with nearly 60 nonprofit partners, Camp Twin Lakes creates customized camp experiences for children and young adults with serious illnesses, disabilities, and life challenges. Programs focus on helping campers build confidence, form friendships, and gain independence. Camp Twin Lakes owns and operates three accessible and medically adaptive campuses in Rutledge and Winder, Georgia. Each campus is fully equipped to accommodate campers of all abilities



Phone: 404-231-9887
www.camptwinlakes.org





Recreation, Leisure, and Community

CK DanceWorks offers “A Chance to Dance” program that pairs student assistants with each dancer with special needs for first graders and up.

82 Seven Hills Blvd
Dallas, GA 30132
Phone: 770-975-7298
www.ckdanceworks/pages/classes

Cobb County Aquatics, part of Cobb County Parks & Recreation, operates four aquatic centers that each feature handicap-accessible entry. Swim lesson coordinators at each location can arrange adaptive lessons tailored to individuals with disabilities. Families are encouraged to call or email the facility directly to speak with a coordinator about scheduling and available supports.

Locations
Mountain View Aquatic Center, Marietta
Central Aquatic Center, Marietta
West Cobb Aquatic Center, Powder Springs
South Cobb Aquatic Center, Austell
Phone (Aquatics Main Line): 770-528-8465
www.cobbcounty.gov/parks/recreation/aquatics

Cobb County Elections and Voter Registration helps residents with voter registration, checking voter status, updating address information, and identifying voting precincts. Staff can assist individuals, including those with disabilities, with understanding how to vote and where to vote. Services are available online, by phone, or in person.

995 Roswell St. NE
Marietta, GA 30060
Phone: 770-528-2581
www.cobbcounty.gov/elections



Recreation, Leisure, and Community

The Cobb County Public Library System offers a wide range of free resources and inclusive programming for individuals with special needs. Patrons can access books, audiobooks, movies, and digital materials. The GLASS (Georgia Libraries for Accessible Statewide Services) program provides free accessible reading materials for those unable to read standard print. The Windy Hill Library, a branch dedicated to serving the special needs community, offers a sensory-friendly and inclusive environment. It provides the same services as other library branches, with adaptive supports to meet the needs and interests of patrons with disabilities. Programs include Tech Tuesday, Sensory Story Time, Wellness Wednesdays, and DIY workshops.



Fifteen Locations in Cobb County
Main Phone: 770-528-2326
www.cobbcounty.gov/library



Cobb County Therapeutic Recreation provides recreational and educational opportunities for young adults with developmental disabilities, learning delays, physical disabilities, hearing or speech impairments, ADHD, and autism. Programs are designed to promote social skills, emotional and physical wellness, community involvement, and new leisure skills through safe and engaging activities. Participants can enjoy recreational sports, dance, arts and crafts, day camps, travel experiences, social clubs, and special events—all tailored to diverse interests and abilities.



1885 Roswell Street SE
Smyrna, GA 30080
Phone: 770-528-2562
www.cobbcounty.gov/parks/recreation/therapeutic-recreation

CobbLinc Paratransit is a curb-to-curb, shared-ride transportation service for Cobb County residents who are unable to use fixed-route buses due to a disability. Eligible riders are picked up and dropped off at the nearest safe curbside location. In addition to providing accessible transportation, CobbLinc offers travel training to seniors and individuals with disabilities to help them learn how to ride public transit confidently and safely. Paratransit ID cardholders may also ride regular CobbLinc fixed-route buses at no cost.



1890 County Services Parkway
Marietta, GA 30008
Phone: 770-528-1600
www.cobbcounty.gov/transportation/cobblinc/paratransit





Recreation, Leisure, and Community

Duet Dance Company's A Chance to Dance is an inclusive dance program designed to create the perfect classroom environment for children with special needs to experience the fun and joy of dance. Each 45-minute class pairs dancers with a student assistant, providing one-on-one support that helps participants improve motor skills, coordination, and listening skills. The program also encourages confidence, friendship-building, and a love for movement in a safe and welcoming space. Duet Dance Company invites a wide range of dancers to participate, including those with autism, Down syndrome, vision or hearing impairments, and wheelchair users.



2870 East Cherokee Dr.
Canton, GA 30115
Phone: 678-880-7470
www.duetdancega.com/classes



Erin's Hope for Friends (e's Club) is a place where teens ages 12 – seniors in high school and young adults ages 18-24 with High-Functioning Autism can meet to have fun and develop meaningful friendships in a safe and encouraging environment.



Phone: 678-390-4812
www.erinshopeforfriends.org



ESP 360 is a year-round recreation and family support program for individuals with disabilities. Offered by Extra Special People (ESP), ESP 360 includes after-school enrichment programs in the fall and spring, inclusive sports through the **ESP Miracle League**, and eight weeks of summer camp in June and July. The program also supports families with monthly dinners, special events, counseling, and other wraparound services to build a strong, inclusive community.



Locations in Athens, Atlanta, and Rome, Georgia
Phone: 706-769-9333
www.espyouandme.org/programs/360-2/



FOCUS + Fragile Kids provides comfort, hope, and fun for children and teens who are medically fragile or have physical and/or significant developmental disabilities. The organization offers inclusive recreational programs such as adapted day and overnight camps, family fun events, and teen and young adult groups, designed to foster joy, friendships, and shared experiences in a supportive environment. FOCUS also provides resources and support for families navigating the challenges of caring for children with complex needs.



3825 Presidential Parkway, Suite 103
Atlanta, GA 30340
www.focus-ga.org





Recreation, Leisure, and Community

Georgia Ballet DanceAbility class is offered to special needs students, ages 6-13, and is geared toward children with physical or developmental disabilities. Georgia Ballet offers sensory-friendly performances.

1255 Field Parkway
Marietta, GA 30066
Phone: 770-528-0881
www.georgiaballet.org/danceability

The Georgia Library Service for the Blind and Print Disabled (GLS) provides free library services to Georgia residents who are blind or have physical or print disabilities that make it difficult to read standard print. GLS offers materials in digital audio, braille, and large print formats. Services are delivered through a statewide network, including a central library, sub-regional libraries, and a distribution center. Eligible individuals can access books, magazines, and more by mail or digital download.

GLS Atlanta
First Floor, Margaret Mitchell Square NW
Atlanta, GA 30303
Phone: 1-800-248-6701
www.gls.georgialibraries.org



Hand, Hoof & Heart is a nonprofit organization that provides equine-assisted services and programs to support individuals with physical, emotional, and cognitive challenges. Their programs focus on developing confidence, improving communication, and fostering independence through therapeutic horsemanship.

3363 Wheeler Drive
Acworth, GA 30102
Phone: 678-478-4013
www.handhoofheart.org



Hands On Atlanta connects individuals, families, and corporate groups with volunteer opportunities across the metro area, including in Cobb County. Their website makes it easy to find service projects that match your interests, schedule, and ability level. Hands On Atlanta also partners with schools and nonprofits to create a stronger, more inclusive community through volunteerism and civic engagement.



Physical Space in Temporary Location
Phone: 404-979-2800
www.handsonatlanta.org





Recreation, Leisure, and Community

Horizon Therapeutics is a program offered through Acworth Parks and Recreation that provides inclusive recreational and athletic opportunities for individuals with intellectual, developmental, and physical disabilities. Serving children, teens, and young adults, Horizon offers a welcoming environment that fosters friendships, encourages healthy living, and builds confidence through a wide range of programs. Activities include Horizon Baseball, Kickball, Soccer, Adaptive Yoga, and the popular Horizon League Mileage Club. Programs are designed to promote community involvement and meaningful participation for the whole family.



4361 Cherokee Street
Acworth, GA 30101
Phone: 770-917-1234

www.acworth-ga.gov/parks-recreation-and-community-resources/horizon-therapeutics

The iFLY All Abilities program offers individuals with physical or cognitive disabilities the chance to experience the thrill of indoor skydiving in a safe and supportive environment. Each participant receives one-on-one attention from a certified flight instructor who adapts the experience to meet individual needs. The program encourages confidence, adventure, and inclusion while providing a unique recreational opportunity for flyers of all abilities.



278 Cobb Parkway SE
Atlanta, GA 30339

www.iflyworld.com/programs/all-abilities



Kennesaw Parks & Recreation offers accessible community spaces for individuals and families. With walking trails, bike paths, athletic fields, playgrounds, and open green spaces, residents have many options for enjoying the outdoors. The department also provides a variety of recreational programs for youth and adults, including summer camps, art classes, sports leagues, fitness classes, and general interest activities that promote healthy and active living.



2529 J O Stephenson Ave
Kennesaw, GA 30144
Phone: 770-424-8274

www.kennesaw-ga.gov/parks-and-recreation





Recreation, Leisure, and Community

Lekotek of Georgia uses adapted play and technology to help children and young adults with special needs learn, grow, and thrive. The Kennesaw Satellite location offers Play Sessions (ages birth to 8), Computer Club (ages 8-15), LekoMusic (ages 2-8), Happy Tails, fish and rafting trips, and several other family activities. Lekotek supports children with developmental delays, disabilities, and chronic health conditions by promoting inclusion and skill development in a fun, engaging environment.



1925 Vaughn Road, NW, Suite 130
Kennesaw, GA 30144
Phone: 770-420-9889
www.lekotekga.org



McKenna Farms Therapy – offers summer day camps with activities including art, outdoor adventure on forest and sensory trails, group team-building games, and horse-related activities with therapy horses; there is also a special needs equestrian team and a Special Olympics team



3044 Due West Road
Dallas, GA 30157
Phone: 770-443-9672
www.mckennafarms.org



MDE School offers specialized summer programs and hands-on vocational training for students with developmental disabilities, autism, and learning differences. Their programs focus on building academic, life, and work skills in a supportive and structured environment. The school emphasizes individualized learning and community-based experiences that help students prepare for greater independence.



1517 Johnson Ferry Road
Marietta, GA
Phone: 770-971-4633
www.mdeschool.org



The Miracle League at ESP provides children and young adults with disabilities the opportunity to play baseball on an accessible field designed for all abilities. Players are supported by volunteer "buddies" and are celebrated for their participation in a fun, team-oriented environment. The program is part of ESP's inclusive recreation initiatives and promotes confidence, connection, and community involvement through adaptive sports.



ESP Phone: 706-769-9333
Miracle League Phone: 770-760-1933
www.espyouandme.org/programs/miracle-league/
www.miracleleague.com



Recreation, Leisure, and Community

ReClif is a fitness-based therapy and community center designed to empower individuals with autism and support the loved ones who care for them. ReClif offers a variety of specialized programs, including yoga and therapeutic yoga, Special Fit classes, Interactive Metronome training, Spelling to Communicate, FitLight training, music therapy, and other tailored activity tracks. These programs help participants build strength, improve coordination, develop communication skills, and enjoy an inclusive, supportive community environment.

3200 Pointe Parkway NW, Suite 200

Peachtree Corners, GA 30092

Phone: 678-691-5426

www.reclif.com



SawDust Occupational Therapy helps young adults and children with special needs develop life skills and work habits through construction, woodworking, and crafts. These hands-on programs aim to build confidence, improve fine motor skills, and prepare participants for future employment opportunities in a supportive and creative environment.

Alpharetta Location

11660 Alpharetta Hwy, Building 200, Suite 200

Roswell, GA 30076

Marietta Location

1000 Loudermilk Dr., Building 300

Marietta, GA 30060

Email Preferred: SawdustOT@gmail.com

www.sawdustot.com



Shepherd Center Adaptive Sports sponsors 10 sports teams that enable individuals with physical disabilities in the Atlanta area to participate in sports at both recreational and competitive levels. Athletes compete in local and regional competitions, as well as at the national and international levels. Regular practice sessions offer expert instruction, as well as camaraderie and peer support. The program also raises awareness about disabilities and increases participation in disabled sports.

2020 Peachtree Road NW

Atlanta, GA 30309-1465

Phone: 404-367-1287

www.shepherd.org/treatment/services-clinics/adaptive-sports/



Recreation, Leisure, and Community

Songs For Kids provides music mentorship and interactive music programs for kids and young adults with illnesses, injuries, and disabilities. The program focuses on creative expression, encouraging participants to explore music in a safe, supportive, and fun environment. Through songwriting, performance, and one-on-one or group music sessions, Songs For Kids helps build confidence, joy, and lasting connections.



145 Nassau St NW, Suite B
Atlanta, GA 30303
Phone: 404-541-9231
www.songsforkids.org



Sparrowwood at Camp Glisson offers a welcoming summer camp experience for individuals with developmental disabilities. Campers are celebrated for who they are, with a focus on their abilities rather than their disabilities. Through activities and shared community life, Sparrowwood promotes radical acceptance and belonging, helping all campers and staff recognize that we are more alike than different.



690 Camp Glisson Road
Dahlonega, GA 30533
Phone: 706-864-6181
www.glisson.org/sparrowwood-camp/



Special Olympics Cobb County offers a year-round program of sports training and competition for children (ages 8 and up) and adults with intellectual and developmental disabilities. Athletes have the chance to improve their physical fitness, build confidence, demonstrate courage, and develop lasting friendships with other athletes and community members.



Phone: 770-528-2983
[How to register for Special Olympics programs](#)

Special Pops Tennis is an adaptive tennis program for children and adults with intellectual disabilities, offering year-round tennis instruction, competition, and social activities. Participants can improve fitness, learn new skills, build confidence, and form friendships in a supportive, inclusive environment. The program is open to all skill levels and emphasizes fun, personal growth, and community.



Various Locations
Phone: 404-702-5820
www.specialpopstennis.org





Recreation, Leisure, and Community

Therabeat, Inc. provides music therapy services to individuals and groups throughout the greater Atlanta area. Their programs support schools, assisted living, and memory care facilities, and they also offer individual therapy sessions. Using music as a tool for connection and growth, Therabeat helps participants improve communication, social skills, and overall well-being in a fun and engaging way.



9880 Hickory Flat Highway
Woodstock, GA 30188
Phone: 770-687-2542
www.therabeat.com



The Titan Community offers a variety of sports and community events designed to promote fun, health, and social connection for individuals with intellectual and developmental disabilities. Through Titan Sports, participants can engage in inclusive fitness activities, athletic training, and recreational sports opportunities that encourage healthy lifestyles and teamwork. In addition to sports, Titan hosts community events such as social gatherings, arts and crafts, dance parties, and volunteer outings — all created to help individuals build friendships, explore new interests, and feel connected in a supportive environment. Both in-person and virtual options are available to make activities accessible to all.

9875 Nesbit Ferry Road, Building G
Johns Creek, GA 30022
www.titancommunity.org

Trips Inc. Special Adventures specializes in inclusive, all-inclusive vacation packages for adults (ages 18 and older) with intellectual and developmental disabilities. Their fully supported trips offer safe, respectful, and fun travel opportunities, allowing travelers of various abilities to explore new places, build friendships, and enjoy memorable experiences in a welcoming environment.



Phone: 1-800-686-1013
www.tripsinc.com





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NOW/COMP Medicaid Waiver

The New Options Waiver (NOW) and the Comprehensive Supports Waiver Program (COMP) offer home- and community-based services for individuals with intellectual disabilities or other closely related conditions, such as cerebral palsy, epilepsy, autism or neurological problems.



Eligibility Criteria:

- Eligible for Medicaid.
- Have a diagnosis of an intellectual disability and/or a closely related condition.

Required Documentation to Apply:

- Application
- Psychological Report (Including IQ scores, adaptive scores, and/or Autism Spectrum Disorder assessments if applicable)
- Proof of Citizenship
- Copy of Social Security Card (or number)
- Copy of Medicaid and/or Medicare card
- Copy of Social Security benefit information
- Copy of guardianship documents (if applicable)
- Most recent IEP
- Signed Notice of Privacy Practices

NOW/COMP Waiver

Program Services:

- Adult Dental Services
- Adult Nursing Services
- Adult PT and/or OT
- Adult Speech Therapy
- Behavioral Supports
- Community Access Services
- Community Living Support Services
- Community Residential Alternative Services
- Financial Supports
- Pre-Vocational Services
- Respite Services
- Specialized Medical Supplies
- Support Coordination
- Transportation Services

Additional services may be provided



TRANSITION SERVICES

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NOW/COMP Medicaid Waiver



Websites

- DBHDD's Intellectual & Developmental Disability Services
- Parent to Parent of Georgia



QR Code

To access an electronic version of this document, scan the QR code below.

**SCAN
ME!** >>



If you would like to connect with the Transition Resource Specialist that supports your school, please consult the Locations list on the Transition Services website:
<https://www.cobbk12.org/page/38587/special-education-transition-services>

More Information

- DBHDD NOW/Comp Waiver Fact Sheet
- Constructing a Good Life Through Understanding the NOW and Comp Waivers



Application

Online NOW/Comp Waiver Application

NOW/Comp Waiver Application

NOW/Comp Waiver Release of Information



Support

These agencies can provide help for families completing the NOW/Comp Waiver Application.

- Special Needs Cobb
- Parent to Parent of Georgia

It may be necessary to request records to be submitted with your application. Go to the Cobb County School District Special Education webpage and scroll to "Records and Transcripts" for instructions on accessing records.

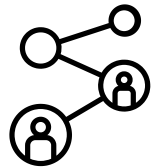


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Family Support Services

Family Support Services provide funding assists families in obtaining disability-related goods and services. Family support funding is not income-based, but it is based on each family and individual's unique needs. Individuals cannot already be receiving services through the NOW or Comp Waivers.



Eligibility Criteria:

- Three years of age or older.
- Documentation of an intellectual or developmental disability prior to age 22.

To Apply:

There are two organizations in Cobb County that provide Family Support Services. Click on the link to either and access the application.

- InCommunity
- Highland Rivers Behavioral Health

If you would like to connect with the Transition Resource Specialist that supports your school, please consult the Locations list on the Transition Services webpage:
<https://www.cobbk12.org/page/38587/special-education-transition-services>

Common Services:

- Information and Referral
- Respite
- Community/Social Activities
- Summer Camps
- Special Diets, Clothing, or Personal Care
- Equine, Music, and/or Speech Therapy
- Dental Care
- Nutritional Supplements
- Incontinence Supplies
- Assistance in Identifying Needs

Additional services may be provided

Funds are limited and are based on a "most in need" determination. These funds are also not guaranteed the following year.

To use the links embedded into this document, access an electronic version through the QR code.

