



COMMUNITY RESOURCE GUIDE



Health and Wellness



A community resource guide
connecting individuals with
disabilities and their families to
health, wellness, and support
services that promote
meaningful participation and
quality of life.

2026-2027

2026-2027 Health and Wellness Community Resource Guide

What You'll Find Inside

The 2026-2027 Health and Wellness Community Resource Guide highlights organizations that provide or connect families to therapy, medical care, and wellness supports for individuals with disabilities. Resources include programs that promote physical, emotional, and mental well-being across the lifespan—from early intervention through adulthood.

- **Therapy and Rehabilitation Services**

- Providers offering occupational, physical, speech, and behavioral therapies, as well as music, aquatic, and equine-assisted programs to support developmental growth and independence.

- **Medical and In-Home Care**

- Skilled nursing, personal care, respite, and home health services that help individuals remain safe, comfortable, and supported in their homes and communities.

- **Health Equipment and Specialty Care**

- Access to medical and dental providers experienced in serving individuals with disabilities, along with durable medical equipment and supply companies that coordinate with Medicaid and insurance plans.

- **Mental Health and Wellness Programs**

- Community-based organizations that promote emotional wellness, peer support, safety education, and opportunities for physical activity and social engagement.

- **Cobb County School District Transition Guides**

- Frequently Requested Supports
- Family Support Services
- Medicaid Waiver

To use the active links in this guide, please access a digital copy of this Community Resource Guide on the Cobb County Transition Services webpage or through the QR code.



Resources found within the Cobb County School District Community Resource Guides are for informational purposes only. The resources contained here are not associated with, affiliated with or sponsored by the Cobb County School District. CCSD makes no recommendations about the validity or usefulness of any agencies listed herein. The resources contained in this guide may change after publication. Please contact the resources for the most up to date information on services provided.



Health and Wellness

180 Medical provides incontinence and catheter supplies for children and adults with medical needs. The company works directly with healthcare providers and insurance plans, including Georgia Medicaid, CMOs, and commercial insurance, to deliver products at no cost to the individual. Supplies are shipped directly to the home and samples are available upon request.



Phone: 678-822-7506 | Toll-Free: 877-688-2729
www.180medical.com



Adult Medical Health Group offers coordinated healthcare for teens and adults with developmental disabilities. The practice focuses on person-centered care and empowering individuals and families to manage their own health and wellness.



2520 Windy Hill Rd., Suite 303
Marietta, GA 30067
Phone: 770-430-2922
www.theadmh.org



Advanced Care Partners provides skilled nursing and personal support services for children and adults with complex medical needs. The agency accepts Medicaid and private pay and offers 24/7 in-home nursing care and daily living assistance.



3525 Piedmont Rd. NE, Bldg. 5, Suite 620
Atlanta, GA 30305
Phone: 404-835-3512
www.advancedcarepartners.com



Advanced Medical Group supplies medical products for individuals with chronic or long-term conditions. Services include coordination with healthcare providers and insurance billing for convenience.

450 Old Peachtree Rd. NW, Suite 102
Suwanee, GA 30024
Phone: 877-645-3506 (Existing Customers) | 877-645-5170 (New Customers)



Health and Wellness

Aveanna Healthcare offers in-home nursing and therapy services for children and adults, along with pediatric day health programs for young children with medical needs. The agency also provides personal care and companionship support.



400 Interstate North Pkwy. SE, Suite 1600
Atlanta, GA 30339
Phone: 770-441-1580
www.aveanna.com



Beyond Limits Therapeutic Riding provides horseback riding and equine-assisted programs that help children and adults strengthen physical, social, and emotional skills. Services promote independence, confidence, and overall well-being.

P.O. Box 82
Emerson, GA 30137
Riding Facility
Watkins Farm, 281 Cass-White Rd.
Cartersville, GA 30121
Phone: 678-813-8615
www.beyondlimitsriding.org

Building Blocks Pediatrics offers speech, occupational, and physical therapy for children from infancy through adolescence. The clinic features sensory gyms and specialized programs for feeding, handwriting, and sensory integration. Medicaid, Amerigroup, Peach State, and private insurance are accepted.



1230 Johnson Ferry Place, Suite G-10 (Bldg. 2)
Marietta, GA 30068
Phone: 770-321-6705
www.buildingblockspediatric.com



Byram Healthcare provides home medical supplies to help people manage chronic conditions. They offer disposable supplies such as incontinence, diabetes, and wound-care products and support customers through insurance coordination and financial assistance programs.



1925 Vaughn Rd. NW, Suite 115
Kennesaw, GA 30144
Phone: 770-422-5516
www.byramhealthcare.com





Health and Wellness

Chy Chy's Healthcare provides compassionate in-home care services for children, adults, and seniors with medical or developmental needs. The agency focuses on promoting independence, comfort, and quality of life through skilled nursing, personal care, and companionship.

1640 Powers Ferry Rd. SE, Building 5, Suite 300
Marietta, GA 30067
Phone: 678-324-7402
www.chychyhealthcare.com

Comprehensive Therapy Children's Center offers occupational, physical, and speech therapy for children with developmental or physical challenges. Services are designed to promote functional independence and skill development.



200 Riverstone Dr., Suite B
Canton, GA 30114
Phone: 770-345-7796
www.specialkidstherapy.com



CQA Care provides home- and community-based support services to individuals with intellectual and developmental disabilities. The agency focuses on person-centered care and offers services including personal care, companion care, respite care, and skilled nursing.



1205 Johnson Ferry Road, Suite 136 #346
Marietta, Georgia 30068
Phone: 404.465.4418
www.cqacare.org/



Dentistry for the Developmentally Disabled (DDD) Foundation provides specialized dental care for individuals with developmental disabilities. Its dental clinic serves patients with conditions such as autism, cerebral palsy, Down syndrome, and intellectual delays, ensuring access to quality oral healthcare in a supportive setting.



52 Executive Park South NE, Suite 5203
Atlanta, GA 30329
Phone: 404-942-0086
www.dddfoundation.org



Health and Wellness

The Down Syndrome Association of Atlanta provides transportation assistance for individuals with Down syndrome who need rides to and from therapy sessions or medical appointments. Approved destinations include therapy providers such as Gigi's Playhouse. Families and caregivers must register in advance to schedule rides based on availability.



2221 Peachtree Rd. NE, Suite D-226
Atlanta, GA 30309



Phone: 770-677-9354 (Attn: Ellis Sheppard, Transportation Manager)

www.dsaatl.org/transportation

Epic Home Care offers in-home care services for children, adults, and seniors in Cobb County and surrounding areas. Their trained professionals provide skilled support that promotes comfort and independence in the home setting.



1300 Ridenour Blvd., Suite 100

Kennesaw, GA 30152

Phone: 678-519-8068



www.epichomecarega.com

Focus + Fragile Kids provides comfort, social opportunities, and support for families raising children and teens with complex medical or developmental needs. Programs include family activities, respite opportunities, and resources to reduce isolation.



3825 Presidential Pkwy., Suite 103

Doraville, GA 30340

Phone: 770-234-9111



www.focus-ga.org



Health and Wellness

Friends of Disabled Adults and Children (FODAC) supplies durable medical equipment such as wheelchairs, walkers, and hospital beds to adults and children who are uninsured or underinsured. The organization also supports home and vehicle modifications and assistive technology to promote independence.



4900 Lewis Rd.
Tucker, GA 30083
Phone: 770-491-9014
www.fodac.org



The Department of Behavioral Health and Developmental Disabilities (DBHDD) offers treatment and support services for individuals with mental health challenges, substance use disorders, and developmental disabilities. The department also manages Georgia's Medicaid NOW and COMP waiver programs.



1230 Bald Ridge Marina Rd., Suite 800
Cumming, GA 30041
Phone: 678-947-2818 | Toll-Free: 1-877-217-4462
www.dbhdd.georgia.gov



The Georgia Department of Community Health oversees state Medicaid programs and waivers that allow individuals with disabilities or medical needs to receive support while living at home or in the community. Programs include the Community Care Services Program (CCSP).



2 Peachtree St. NW
Atlanta, GA 30303
Phone: 404-656-4507
www.dch.georgia.gov/
www.medicaid.georgia.gov



The Georgia Department of Public Health has a Healthcare Transition Program that supports families of children and youth with special health care needs by improving access to coordinated, ongoing care. The initiative focuses on smooth transitions from pediatric to adult health systems.



2 Peachtree St. NW, 11th Floor
Atlanta, GA 30303
Phone: 404-657-2700

<https://dph.georgia.gov/childrens-health/transitioning-youth-adult-care>





Health and Wellness

The Georgia Mental Health Consumer Network promotes recovery and self-empowerment for individuals living with mental health challenges. It provides education, advocacy, peer support, and community connections to encourage wellness and independence.



246 Sycamore St., Suite 260
Decatur, GA 30030
Phone: 404-687-9487
www.gmhcn.org

Hearts and Hands Therapy Services provides physical, occupational, speech, and applied behavior analysis (ABA) therapy for children from birth through age 21. Services focus on helping each child reach developmental milestones and improve daily functioning through collaborative, family-centered care.



2001 Professional Parkway, Suite 220
Woodstock, GA 30188
Phone: 844-543-8437
www.heartsandhandstherapy.com



The Helen Keller National Center provides training and resources to empower individuals who are both deaf and blind to live, work, and participate fully in their communities. Services include vocational training, adaptive technology, and support for families and professionals.



141 Middle Neck Rd.
Sands Point, NY 11050
Phone: 516-944-8900
www.helenkeller.org



Highland Rivers Behavioral Health supports individuals and families experiencing mental health challenges, substance use disorders, or developmental disabilities. Services include counseling, crisis stabilization, and psychiatric care for both adults and youth.

1650 County Services Pkwy. SE
Marietta, GA 30008
Phone: 1-800-729-5700
www.highlandrivers.org



Health and Wellness

HR HealthCare Patient Services provides home delivery of medical supplies, including catheters, incontinence products, and other urological and disposable medical items. Formerly Donaco Medical Supply, the company offers coordinated service with healthcare providers and insurance plans to ensure convenient, affordable access to essential supplies.



117 Towne Lake Parkway, Suite 200
Woodstock, GA 30188
Phone: 877-424-2562
www.hrhealthcare.com/patient-services



In Harmony Pediatric Therapy provides occupational, physical, speech, and music therapy in a multidisciplinary clinic setting. The center offers individualized programs that focus on communication, coordination, and overall child development.



9880 Hickory Flat Hwy.
Woodstock, GA 30188
Phone: 770-687-2542
www.inharmonypediatrictherapy.com



Kool Kidz specializes in home-based physical and occupational therapy for infants, children, teens, and young adults through age 21. The organization also offers aquatic therapy and other nontraditional treatment options to promote independence and physical development.

P.O. Box 670207
Marietta, GA 30066
Phone: 678-503-8702
www.koolkidzpt.com

Lacey's Pharmacy offers medical supplies, mobility equipment, and personal care products for individuals of all ages. The pharmacy provides ostomy, urological, and daily living products, with locations in both Acworth and Marietta.



Acworth Location:
4469 Lemon St.
Acworth, GA 30101
Phone: 678-236-0400
Marietta Location:
790 Church St., Suite 210
Marietta, GA 30060
Phone: 770-424-3131
www.laceydrug.com





Health and Wellness

Maxim Healthcare Services provides skilled nursing, personal caregiving, autism support, and therapy services for children and adults. The agency works with Medicaid and private insurance to ensure coordinated care and continuity of services.

2743 Perimeter Pkwy., Bldg. 200, Suite 110

Augusta, GA 30909

Phone: 706-619-2058

www.maximhealthcare.com



McKenna Farms offers occupational, physical, and speech therapy for children with special needs. Programs include equine-assisted therapy, therapeutic riding, aquatic therapy, social skills groups, and a Special Olympics equestrian team.

3044 Due West Rd.

Dallas, GA 30157

Phone: 770-443-9672

www.mckennafarms.org



The National Alliance on Mental Illness (NAMI) Georgia provides education, advocacy, and peer support for individuals and families affected by mental illness. The organization helps connect people to community resources, support groups, and programs that promote recovery and inclusion.

4120 Presidential Pkwy., Suite 200

Atlanta, GA 30340

Phone: 703-524-7600

www.namiga.org



Northstar Psychological Services provides comprehensive counseling and psychological evaluations for children, adolescents, and adults. Their licensed clinicians offer individual and group therapy, family counseling, and diagnostic testing in a supportive environment.

P.O. Box 250

Alpharetta, GA 30009

Phone: 770-667-3877

www.northstarpsychservices.com



Health and Wellness

Parkaire Consultants provides diagnostic and therapeutic services for children, teens, and adults who need educational, psychological, or counseling support. The center offers speech and occupational therapy, academic coaching, and social groups to help individuals reach their goals.

4939 Lower Roswell Rd., Suite C201
Marietta, GA 30068
Phone: 770-578-1519
www.parkaireconsultants.com

Pathways Autism Center provides applied behavior analysis (ABA) therapy tailored to each child's needs. The center partners with families and professionals to build communication, social, and daily living skills that promote long-term growth and independence.



50 Plaza Way NW, Suite A
Marietta, GA 30060
Phone: 678-691-2206
www.pathwaysautismcenter.com



Quality Care & Love provides home and community-based services for children and adults with developmental or intellectual disabilities. The agency emphasizes compassionate, person-centered care that supports independence and enhances quality of life through individualized plans and active community involvement.



2150 Newmarket Pkwy. SE, Suite 105
Marietta, GA 30067
Phone: 470-632-5043
www.qualitycareandlove.com



ReClif is a fitness and therapy center designed for individuals with autism and related developmental differences. Programs include fitness-based therapy, yoga, music therapy, and communication skill-building activities in a supportive environment.



3200 Pointe Pkwy. NW, Suite 200
Peachtree Corners, GA 30092
Phone: 678-691-5426
www.reclif.com



Health and Wellness

RHA Health Services offers a range of supports for individuals with developmental disabilities, mental health needs, or substance use disorders. Services include community living assistance, behavioral supports, host homes, and nursing care designed to help people live independently.

6941 Highway 92
Woodstock, GA 30189
Phone: 770-529-3754
www.rhahealthservices.org

Safe Kids Worldwide is a nonprofit organization dedicated to preventing childhood injuries through safety education and outreach. The program provides guidance on car seat safety, home safety, and injury prevention for children, including those with special needs.



Phone: 202-662-0600
www.safekids.org



Saw Dust Occupational Therapy teaches life and work skills to young adults and children with special needs through hands-on learning in woodworking, construction, and crafts. The program helps participants build fine motor skills, problem-solving, and independence.

Alpharetta/Roswell Location:

11660 Alpharetta Highway, Building 200, Suite 200
Roswell, GA 30076

Marietta Location:

1000 Loudermilk Dr, Building 300
Marietta, GA 30066
Phone: 404-436-7416
www.sawdustot.com





Health and Wellness

United Cerebral Palsy of Georgia provides support and advocacy for individuals with intellectual and developmental disabilities, including cerebral palsy. Services include residential supports, community living assistance, family resources, and employment support to promote independence and inclusion.



3300 Northeast Expy., Building 9
Atlanta, GA 30341
Phone: 770-676-2000
www.ucpga.org



XClusive Care Services offers home and community-based care for individuals with intellectual and developmental disabilities. The agency provides personal care, companion services, respite care, and community integration activities focused on safety, dignity, and independence.

1755 The Exchange SE, Suite 140
Atlanta, GA 30339
Phone: 404-600-3941
www.xclusivecareservices.com

Your Choice Caregivers provides professional home care services for seniors, adults, and children who need assistance with daily living. The agency's caregivers offer companionship, personal care, and skilled nursing services throughout Georgia.



3340 Peachtree Rd. NE, Suite 1010
Atlanta, GA 30326
Phone: 404-479-1008
www.yourchoicecaregivers.com



TRANSITION SERVICES

EDUCATION. EMPLOYMENT. INDEPENDENCE.

Frequently Requested Supports

Support	Description	Find More Information Here
Katie Beckett Waiver	Provides Medicaid type benefits to families whose child requires an extremely high level of care and whose income is too high to qualify for Medicaid.	<u>Katie Beckett Cheat Sheet by Parent 2 Parent of Georgia</u>
NOW/Comp Waiver	The NOW/COMP Medicaid Waiver provides services to assist individuals with intellectual and developmental disabilities in accessing the community and living independently.	Contact the Transition Resource Specialist that supports your child's school or use the following link to apply: <u>The Georgia Collaborative IDD Portal</u>
Family Support Services	Family Support Services provide resources and funds to families based on the needs of the child. The support is not income dependent.	Two Sources in Cobb County <u>InCommunity</u> or <u>Highland Rivers Behavioral Health</u>
Respite Care	Respite Services provide brief periods of support or relief for individuals with disabilities or their caregivers.	A list of respite providers for children is available on the FOCUS <u>website</u> .
Community Extracurricular Opportunities	Both virtual and in-personal opportunities for recreational experiences designed for the inclusion of children and teens with disabilities.	<u>Cobb County School District Special Education Parent Mentors Webpage</u>

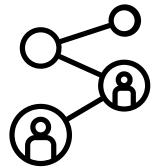


TRANSITION SERVICES

EDUCATION. EMPLOYMENT. INDEPENDENCE.

Family Support Services

Family Support Services provide funding to assist families in obtaining disability-related goods and services. Family support funding is not income-based; it is determined by each family's and individual's unique needs. Individuals cannot already be receiving services through the NOW or Comp Waivers.



Eligibility Criteria:

- Three years of age or older.
- Documentation of an intellectual or developmental disability prior to age 22.

To Apply:

There are two organizations in Cobb County that provide Family Support Services. Click on the link to either and access the application.

- [InCommunity](#)
- [Highland Rivers Behavioral Health](#)

If you would like to connect with the Transition Resource Specialist that supports your school, please consult the Locations list on the Transition Services webpage:
<https://www.cobbk12.org/page/38587/special-education-transition-services>

Common Services:

- Information and Referral
- Respite
- Community/Social Activities
- Summer Camps
- Special Diets, Clothing, or Personal Care
- Equine, Music, and/or Speech Therapy
- Dental Care
- Nutritional Supplements
- Incontinence Supplies
- Assistance in Identifying Needs

Additional services may be provided

Funds are limited and are based on a "most in need" determination. These funds are also not guaranteed the following year.

To use the links embedded into this document, access an electronic version through the QR code.





TRANSITION SERVICES

EDUCATION. EMPLOYMENT. INDEPENDENCE.

NOW/COMP Medicaid Waiver

The New Options Waiver (NOW) and the Comprehensive Supports Waiver Program (COMP) offer home- and community-based services for individuals with intellectual disabilities or other closely related conditions, such as cerebral palsy, epilepsy, autism or neurological problems.



Eligibility Criteria:

- Eligible for Medicaid.
- Have a diagnosis of an intellectual disability and/or a closely related condition.

Required Documentation to Apply:

- Application
- Psychological Report (Including IQ scores, adaptive scores, and/or Autism Spectrum Disorder assessments if applicable)
- Proof of Citizenship
- Copy of Social Security Card (or number)
- Copy of Medicaid and/or Medicare card
- Copy of Social Security benefit information
- Copy of guardianship documents (if applicable)
- Most recent IEP
- Signed Notice of Privacy Practices

NOW/COMP Waiver Program Services:

- Adult Dental Services
- Adult Nursing Services
- Adult PT and/or OT
- Adult Speech Therapy
- Behavioral Supports
- Community Access Services
- Community Living Support Services
- Community Residential Alternative Services
- Financial Supports
- Pre-Vocational Services
- Respite Services
- Specialized Medical Supplies
- Support Coordination
- Transportation Services

Additional services may be provided



TRANSITION SERVICES

EDUCATION. EMPLOYMENT. INDEPENDENCE.

NOW/COMP Medicaid Waiver



Websites

- DBHDD's Intellectual & Developmental Disability Services
- Parent to Parent of Georgia



QR Code

To access an electronic version of this document, scan the QR code below.

**SCAN
ME!** >>>



If you would like to connect with the Transition Resource Specialist that supports your school, please consult the Locations list on the Transition Services website:
<https://www.cobbk12.org/page/38587/special-education-transition-services>

More Information

- DBHDD NOW/Comp Waiver Fact Sheet
- Constructing a Good Life Through Understanding the NOW and Comp Waivers



Application

Online NOW/Comp Waiver Application

NOW/Comp Waiver Application

NOW/Comp Waiver ROI

DBHDD Notice of Privacy Practices



Support

These agencies can provide help for families completing the NOW/Comp Waiver Application.

- Special Needs Cobb
- Parent to Parent of Georgia

It may be necessary to request records to be submitted with your application. Go to the Cobb County School District Special Education webpage and scroll to "Records and Transcripts" for instructions on accessing records.