

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: June 26, 2025 Name of District: Cobb County School District Number of Schools in District: 112

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. School Nutrition Personnel will conduct mandatory nutrition promotions.	Completed	112	<ol style="list-style-type: none"> 1. National Fruit and Vegetable Month (September) 2. National School Lunch Week (October) 3. National Farm to School Month (October) 4. National Milk Day (January) 5. National School Breakfast Week (March) 6. National Nutrition Month (March) 7. National School Lunch Hero Day (May)
2. Continuing Professional Development will be provided for all FNS Staff members	Completed	112	Continuing Education done via email and manager meetings. Newsletters. Back to School Conference named Leadership Kickoff Conference (LKC). Required training every month.
3. Cobb County Performance Standards in Health Education address nutrition and physical activity.	Completed	112	Policy: IDBC-R Physical Education Program adopted by CCSD. Elizabeth Goodbee, Health and Physical Educator supervisor oversees Physical Educators, including training and professional development.
4. School Nutrition Personnel have responsibility for meal accountability in cafeteria.	Completed	112	Coordinators oversee compliance and USDA code of Federal Regulations, manager manual updates, and

			area trainings and meetings. Managers oversee day-to-day operations within the schools, training, and teaching staff.
5. Each food service facility will have at least one school nutrition employee on site who is a food safety manager.	Completed	112	All Managers, Key People, and central office personnel that specifically deals with the kitchens and cafeterias maintain their ServSafe certification.
6. Schools promote and encourage food choices as defined by the Nutrition Standards and Healthy Hunger-Free Kids Act of 2010.	Completed	112	
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. National Fruits and Vegetable Month	Completed	112	September
2. National School Lunch Week	Completed	112	October
3. National Farm to School Month	Completed	112	October
4. National Milk Day	Completed	112	January
5. National School Breakfast Week	Completed	112	March
6. National Nutrition Month	Completed	112	March
7. National School Lunch Day	Completed	112	August – May
8. Farm to School Education and Local / Georgia Grown promotions	Completed	112	May
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. IDBC-R Physical Education Program	Completed	112	District has developed and implemented a comprehensive health program that includes information and concepts of the following areas; <ul style="list-style-type: none"> a. Alcohol and other drug use prevention b. Disease prevention c. Environmental Issues d. Nutrition e. Personal Health f. Sex Education / AIDS education g. Safety h. Mental Health i. Growth and Development

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			j. Consumer Health k. Community Health l. Health Careers m. Family Living
2. Sixty minutes of moderate to vigorous physical education activities daily for students K-12 shall be encouraged.	Completed	112	Physical educators and teachers encourage movement throughout the day. The Wellness Assistant Director incorporates movement with his K-5 curriculum when teaching Nutrition Classes as a guest speaker.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Mandatory Promotions	Completed	112	See above.
2. Marketing – Bulletin Boards, Exhibits, Posters	Completed	112	<p>Created at the local level specific to a cafeteria environment by managers and Food Service Assistants, sometimes with collaboration from the teacher and students.</p> <p>Marketing is also provided through a variety of alternate resources including, “Print and Place” marketing developed by the Wellness Director and Staff.</p> <p>Team Nutrition and Alliance for a Healthier Generation also provides resources.</p>
3. Team Nutrition and Ga DOE resources utilized at each school.	Completed	112	Completed and updated each year by the Wellness Assistant Director. Shared via internal website to Cafeterias.
4. Schools should help create a healthy building environment and develop classroom management strategies that provide consistent wellness messaging identifying healthy eating and physically active lifestyle concepts.	Completed	112	<p>Cafeterias and schools provide a clean and safe meal environment.</p> <p>Promote and encourage alternatives to food as a reward such as pencil / sticker giveaways instead of food.</p>

			<p>Not withhold participation in the food service program (including purchase of a la carte items) as a punishment.</p> <p>Provide a safe environment for physical activity.</p> <p>Does not regularly withhold physical activity or recess for disciplinary reasons.</p> <p>Encourage healthy eating and portion control during any classroom celebrations.</p> <p>Local best practices are shared on District website, social media, and District's Wellness Resource page.</p>
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition standards for all foods on school campuses during the school day comply with the Healthy Hunger Free Kids Act of 2010.	Completed	112	Continual assessment occurs by Coordinators through an online web based program called Measure Up which includes On-Site Reviews and Food Safety Reviews.
2. Per State Board of Education guidelines, principals may approve up to 30 fundraisers per school year that are exempt from the competitive food standards. These exempted fundraisers can only operate 30 or more minutes before the beginning of the breakfast meal service, 30 or more minutes after the end of the breakfast meal service, 30 or more minutes before the beginning of lunch, or 30 minutes after the end of the lunch meal services. The exempted fundraiser can be food and / or drinks cannot be placed within the vending machine, school stores, snack bars, or be made available via a la carte sales.	In Progress	112	Communicated through Annual Local Wellness Plan Timeline requirement and internal Wellness Resource Site. Additional information and alternative to food based fundraising is also provided.
Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e., classroom parties, foods given as reward)	Status (select one):	Number of Compliant Schools:	Notes:

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1. During the school day, schools will promote and encourage healthy food choices as defined by nutrition standards by the Healthy Hunger Free Kids Act of 2010 and consistent with the nutrition education curriculum.	Completed	112	Food choices that are given and not sold to students are encouraged to follow the nutrition standards but is not enforced. FNS provides smart snack compliant options for students and parents to participate with.
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Cafeterias only market foods that follow the Healthy Hunger Free Kids Act and Code of Federal Regulations.	In Progress	112	As stated.
2. Coordinators inform and educate administrative staff when inconsistencies in the program and regulations occur.	In Progress	112	

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Wellness Representatives	112	Individual Wellness Representatives for each school are documented and updated yearly at the at the Central Office. Wellness Representatives for each school is kept on file by the Wellness Assistant Director and is communicated with regularly through email, school visits, or phone calls.
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. William Snead	Wellness Assistant Director	District Wellness Steering Committee Member.
2. Ana Murphy	Assistant Director of Student Support	District Wellness Steering Committee Member.
3. Melanie Bales	Assistant Director of School Health Services	District Wellness Steering Committee Member.
4. Patty DaSilva	Supervisor of School Counseling, Advisement, and Crisis Response	District Wellness Steering Committee Member.
5. Elizabeth Godbee	Health and Physical Education Supervisor	District Wellness Steering Committee Member.
6. Daisy James	Assistant Director, Risk Management	District Wellness Steering Committee Member.
7. Adam Mullis	Health and Physical Educator	District Wellness Steering Committee Member.
8. See School Health Council forms for each individual school.	Cobb County School District	Submitted through the Wellness Support Site.
Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. External Website	Yearly	Wellness Information and Policy

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KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Cobb County School District

Date: 06/27/2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	

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10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	No	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	Wellness committee meets at least two times a year at the local level. District Steering committee meets at least 1 time a year but will be increased to two times a year in SY 25-26.
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	

22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	