

CVA Health Syllabus



COBB VIRTUAL ACADEMY
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Class Description

Students will acquire basic personal health concepts that help maintain healthy behaviors and prevent disease. High school students will demonstrate patterns of healthy behaviors to prevent or reduce the risk of injury and/or illness throughout their lifespan. Students will describe the interrelationships of emotional, physical, social, and intellectual health and how their surroundings can impact each aspect of health. Students will evaluate established health behavior theories and models. This course includes the following modules:

Click [HERE](#) for the Health Class Schedule which outlines the Units, Lessons, and Assessments for this course.

Click [HERE](#) for the Health State standards.

Class Outline

Unit 1: Your Total Health focuses on the many factors that influence wellness. Being a wise consumer of health-related products, including technology, will assist you in achieving your personal health goals. Additionally, you will analyze the role your decisions, habits, personal relationships, and family history play in determining your overall health. Lastly, you will learn about healthy lifestyle choices, and help others do the same.

Unit 2: Healthy Choices focuses on information needed to make healthy decisions regarding drugs and alcohol. You will understand how these substances affect the body and how substance abuse impacts the lives of users and those close to them.

Unit 3: Healthy Behaviors focuses on learning strategies to stay healthy throughout life by making smart choices with diet and exercise. You will also learn about diseases and their prevention. In addition, you will cover topics related to human growth and development and receive instruction in first aid and CPR.

CVA Work Policy

- All classwork must be completed and submitted using the links in CTLS by the DUE DATE listed on the Class Schedule.
- Work should be completed in the order it is assigned on the Class Schedule.
- All work submitted on time will be graded within 48 hours.

- Assignments not submitted by the due date will be marked missing. Missing assignments are calculated as zeros in the coursework average. When students submit missing work, the assignment will be graded and calculated into the coursework average.

The CVA term ends prior to the end of the traditional school semester. The final date work will be accepted each term is posted on the [CVA website](http://cobbvirtualacademy.org) (cobbvirtualacademy.org) and the Class Schedule.

Grading

Grades for this course are calculated based on category percentages as follows:

Category	Weight
Assignments and Quizzes	40%
Projects	30%
Unit Tests	20%
Final Exam	10%

CVA Exemption Incentive

To qualify for CVA's exemption incentive and exempt the Final Exam/lowest unit test or major assessment grade, CVA students must:

- Submit ALL assignments on OR before the due date
- Have an 85% coursework average or higher before the final exam
- Have no more than one academic integrity violation

Academic Integrity

Academic integrity is the cornerstone of learning at CVA and we take the integrity and authenticity of student work very seriously. When academic integrity is maintained, students will make decisions based on values that will prepare them to be productive, meaningful, and ethical citizens.

Students are required to abide by the CVA Academic Integrity Policy. Academic dishonesty in any form will not be tolerated. The CVA Academic Integrity Policy outlines the consequences if students fail to maintain academic integrity in their course. For additional information, the CVA Academic Integrity Policy is posted on the [CVA website](http://cobbvirtualacademy.org).



Consequence	Occurrence			
	1st	2nd	3rd	4th
Parent contact by teacher	✓	✓	✓	✓
Resubmit work for full credit	✓			
Resubmit work for half credit		✓		
Automatic Zero			✓	✓
Parent contact by CVA Administration			✓	✓
Mandated proctored exam or course work				✓
Local school is notified of Academic Integrity violation		✓	✓	✓
Other as designated by CVA or local school administration	✓	✓	✓	✓

General Information

- The Cobb Teaching and Learning System (CTLS) is the platform used to deliver Cobb Virtual Academy classes.
- Students must earn 100% on the Student Orientation Quiz located inside each CVA Digital Classroom before they begin their Student Coursework.
- All coursework must be submitted through CTLS.
- All CCSD students have access to Microsoft 365 applications and must submit assignments in the requested format.
- Students in all sections of this course will take an online final exam during the window of time published on the CVA website and the Class Schedule.

Course Specific Information

PLEASE NOTE: CVA Health does NOT include the Alcohol and Drug Awareness (ADAP) training required for obtaining a driver's license. Students that take CVA Health are eligible to take the Online ADAP (eADAP) program offered for free by the State of Georgia. Click the following links for more information: [eADAP FAQ](#) and [eADAP Registration](#)

Technology Requirements

CTLS is geo-restricted to the United States.

- A modern PC or Mac Computer
 - Lightweight or mobile devices such as Chromebooks, iPads, Android tablets, or smartphones **may not** be compatible with many of our courses.
 - Windows or Mac based computer



- Access to Microsoft 365
- Internet access

CVA Expectations

Student

- Maintain consistent access to a computer and internet
- Login to the course daily and review the announcements
- Adhere to the deadlines listed on the Class Schedule
- Read and promptly respond to teacher communication
- Contact the teacher with questions
- Manage your time wisely

Teacher

- Welcome Phone Call in the first two weeks
- 24 – 48-hour turnaround on all communication
- 24 – 48-hour turnaround on grading for items submitted by the due date
- Provide relevant feedback on assignments
- Be accessible via email and phone or text during published hours
- Provide two or more live sessions per term

Remind

CVA students and parents are automatically enrolled in their CVA teacher's Remind class based on the phone numbers provided during registration. If a parent and student provide the same cell phone number, they will not sync to Remind and will have to join the class manually using the join code posted on the Teacher Information page of their course.

Student Support

A student's first source for support is their CVA teacher. However, additional support is available. The **CVA Learning Center** is staffed with facilitators and is available both **in person** and **virtually**.

Facilitators can assist students with getting started, class navigation, assignment instructions, submitting work, technical issues, and strategies for online success.

The in-person Learning Center is on the Cobb Horizon High School campus at 1765 The Exchange Atlanta, GA.

All CVA students are enrolled in the Student Support digital classroom which provides access to the Virtual Learning Center (VLC). Students use the CTLS chat feature to send a message to the Student Support Team during the hours it is open.

Live Sessions

Your teacher will post live session information to the Class Board.

