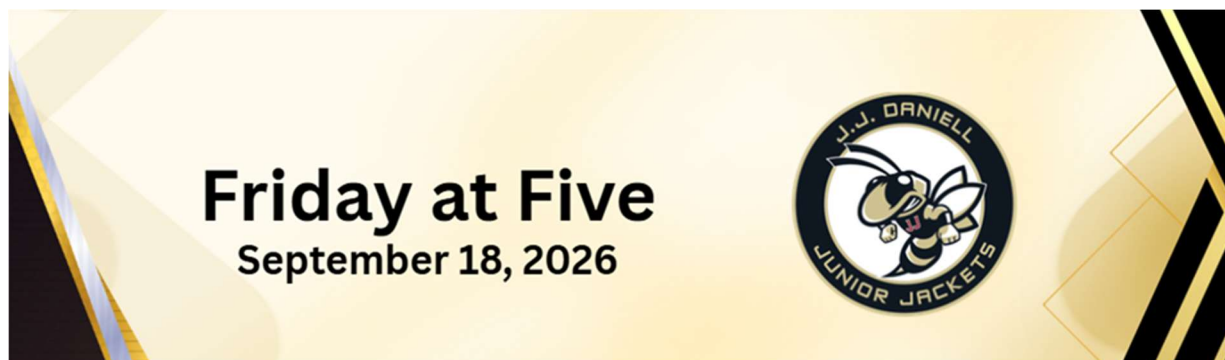


Friday at Five, September 18, 2026



Fall Break is next week! Students do not report to school September 21 – 25.

The East Cobber Parade is Saturday, October 3 Daniell's Classified Employee of the Year, Ms. Treadaway, and our Teacher of the Year, Dr. Judkins, will be in the parade! Come support them! The parade begins at Mt. Bethel Elementary School and continues south on Johnson's Ferry Rd. **We are asking for parents to donate bag of candy** that can be tossed to the crowd during the parade. If you are able to donate a bag of candy, please drop it off in the front office the week after the break. Thank you!

Save the Date: Saturday, October 10 is our first Campus Clean Up Day! We will be spreading mulch and sprucing up the front parking lot before conference week from 9 am to noon. Come one, come all! Bring your work gloves, your rakes, wheelbarrows, and lots of help! We welcome parents and students as well as spouses, partners, children, siblings, and friends! Advertise this with your students who need Community Service hours!!

The Cognia Student, Parent, and Staff Surveys: The Cognia Student, Parent, and Staff Surveys are designed to collect data on student academic learning and wellness during the current school year. Participation in each survey is anonymous and voluntary, and participation is highly encouraged. The survey results will provide the Cognia Accrediting Agency, Cobb County School District, and local schools with data regarding student learning environment, staff input, and parent feedback to support continuous learning.

Please help us reach our participation goal by taking the survey by **Friday, September 18**. Thank you for your participation! Copy and paste the link below:

<https://eprovesurveys.advanc-ed.org/surveys/#/action/309159/p913>

6th & 8th Grade Families: Scoliosis Screening will be on October 5-9. See the attached letter and form to use should you prefer to have your own pediatrician do the screening.

Would you like to advertise your child's birthday? If so, pay \$25 at least a week before your child's birthday on My Payments Plus, and we will wish him/her a Happy Birthday on our marquee sign! (We will only post the first name and the date) All proceeds for this go to the American Heart Association.

Yearbooks are already on sale! The price goes up throughout the year. Order them now while they are at the cheapest price! Bring cash or check to the front office to purchase one or pay on MyPaymentsPlus.

Aug 1 - Sept 30, they are \$40

Oct 1 - Dec 31, they are \$45

Jan 1 - Feb 28, they are \$50

March 1 - March 31, they are \$55

After Spring break, \$60

Order Papa John's through **September 20** and use the Daniell code, and a portion returns to Daniell! See below. Our code is: **CCSF33**

Use Daniell's Code: CCSF33

PAPA JOHN'S



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PAPA JOHN'S WILL **DONATE 20%** OF YOUR PURCHASE PRICE TO COBB COUNTY SCHOOLS FOUNDATION WHEN YOU ORDER USING YOUR SCHOOL'S PROMO CODE

See back for school promo codes



* Use
Daniell's Code: CCSF 33

September 14th through the 20th

**Order at papajohns.com or over the phone
at any participating Metro Atlanta location**

Offer good 9/14/2020 - 9/20/2020 at participating U.S. Papa John's restaurants, prices may vary. Not valid with any other coupons or discounts. Limited delivery areas. Delivery may require a minimum purchase and delivery fee, minimum purchase does not include tax, tip, or delivery fee. Restaurant responsible for all applicable taxes. © 2020 Papa John's International, Inc.

Counselor's Corner: Week 7



Coping Skills that Actually Work!

Take a few deep breaths – Breathe in for 4 seconds, hold for 2, and breathe out for 6.

Take a break – Step away from a stressful situation when you can.

Move your body – Stretch, walk, get outside, dance, or play a sport.

Talk to someone – A trusted adult, friend, counselor, or family member can help!

Listen to music – Listen to music that helps you relax or feel better.

Write it down – Journaling can help get your thoughts out of your head.

Do something you enjoy – Read, draw, play a game, spend time with a pet, or enjoy a favorite hobby.



Life can feel overwhelming sometimes—and that's okay!

**Coping skills are healthy ways to help us manage stress,
strong emotions, and difficult situations.**

Jr. Jackets Baseball Tryouts were rained out. Our rescheduled tryout will be on Friday, October 2, 2026, at 6pm at Sprayberry High School baseball field.



Enjoy the Fall Break!

There are 4 attachments with this post. Click the links below to view the attachments.