



Rocky Mount Elementary School

Kindergarten Orientation

What should my child practice before coming to Kindergarten so he/she is independently successful?

- How to tie shoes
- How to put on a jacket
 - How to zip up or button clothing
 - How to buckle and unbuckle a seatbelt
- How to open containers packed for lunch or snack
 - How to put the straw in a drink box
- How to recognize and spell his/her first name
 - How to manage toileting
 - How to hold a pencil correctly
- How to manage personal hygiene (wiping and blowing nose)
- Basic colors: black, brown, purple, red, white, blue, orange, yellow, green
- Basic shapes: triangle, square, circle, oval, and rectangle