

Medications in Middle School

1. Overview

- a. **ALL MEDICATIONS W/ FORMS MUST FIRST BE BROUGHT IN BY THE PARENT.**
- b. All medications done in the morning (before school) should be given at home. Students do not have enough time to eat AND take medicine at school.
- c. ALL MEDICATIONS (except cough drops) require a medication form.
- d. All forms are online on the Cobb County Website (Policies/Rules, Section “J” Students). I also have forms in the Clinic, or I can email the forms

2. Prescription Medications or Over-the-Counter medications that are to be kept in clinic and dispensed by nurse or authorized clinic staff.

- a. Form Required: ***AUTHORIZATION TO GIVE*** (signed by the parent)
- b. These are kept locked in the Clinic and given at the correct time.
- c. Medications must match the prescribing information and will be given as ordered by the physician.
 - i. It can be given “as needed” or daily.
- d. They must remain in the original container (from the pharmacy). Prescriptions will require the original prescription on the container

3. Over-the-Counter Medications

- a. Form Required: ***AUTHORIZATION TO CARRY OVER-THE-COUNTER MEDICATION***
- b. Middle School students carry the following Over-the-Counter (OTC) medications:
 - i. acetaminophen (Tylenol)
 - ii. ibuprofen (Motrin, Advil)
 - iii. Midol
 - iv. Aspirin
 - v. Antacids
 - vi. cough and throat lozenges
 - vii. OTC **ORAL** antihistamines (Benadryl, Claritin, Zyrtec)
- c. *All other cough and cold medication (except lozenges), antihistamines, and (OTC) medication not listed above shall be kept in the Clinic*

4. Epi-Pens, Asthma Inhalers, & Diabetic Medications

- a. These are the **only** prescription medications students can carry with the ***AUTHORIZATION TO CARRY EMERGENCY MEDS*** form.
- b. Additional asthma medication, epinephrine auto-injectors, or diabetic medication should be kept in the Clinic if the first is lost or left at home.
- c. **REQUIRES** both parental & physician consent to ensure the student knows how to administer the medications properly.
- d. The original form will be filed in the Clinic, and the student must carry the copy **ALONG WITH IDENTIFYING INFORMATION** with the medication.
- e. Action Plans are nice to have w/ Epi-Pens & Inhalers but not required.

REMINDER:

1. **The parent is responsible** for bringing in the (1) signed original form along w/ the medication and checking in with the nurse.
2. Medication must be in its original container and **legibly labeled with the student’s full name.**

3. If carrying: school nurse will keep the original on file and provide the student w/ a copy of this signed permission form on file – the student will have to carry the medication along w/ the copy of the form.

My goal is to team with you to ensure your student's health and safety while at school. Please do not hesitate to contact me if I can be of any assistance. Here's to a great school year!