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2024 Middle School Lunch Menu

Award-Winning Farm to School Participant

We offer Whole Grain Rich Products

Menu Subject to Change Based on Product Availability
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MONDAY

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Week of: Sept. 30 Oct. 28 Dec. 2	Chicken Tenders with Dinner Roll Vegan Chik'N Nuggets with Dinner Roll BBQ Pork Plate with Garlic Texas Toast Yogurt Plate BBQ Baked Beans Mashed Sweet Potatoes	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Hot Flatbread Choice Taco Salad with Meat Choice Superb Vegetarian Taco Salad Black Beans or Refried Beans Cucumber Tomato Veggie Dipper	Cuban Sandwich Asian-Inspired Chicken and Chicken Egg Roll with Steamed or Fried Rice Uncrustables Pack Stir Fry Vegetables Baby Carrots	Pizza: Cheese (V), Pepperoni, Specialty Chicken Tikka Masala with Steamed Rice Chana Masala (V) with Steamed Rice Chicken Caesar Salad Vegetarian Caesar Salad Corn Choice Garden Side Salad	Hamburger/Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Beef Enchiladas Black Bean Enchiladas Chicken Tender Salad Vegetarian Chef Salad Seasoned Green Beans Steamed Broccoli
		Zesty Cheese Nachos (V)		Pizza: Chanca (//) Pannarani	Hamburger/Cheeseburger

Week of: Sept.2 (Sept 2 Labor Day) Oct. 7 Nov. 4 (Nov. 5 Election Day)

Dec. 9

Chicken Bites with Dinner Roll Vegan Chik'N Nuggets with Dinner Roll Beef and Cheese Melt Yogurt Plate Mashed Potatoes Carrots Beef and/or Chicken Nachos Crispy Chicken Taco and/or Crispy Beef Tacos Chicken Shawarma Pita Taco Salad with Meat Choice Superb Vegetarian Taco Salad Charro Beans or Pinto Beans Ranch Cucumber Salad or Cucumber Dippers

TUESDAY

Spicy Chicken Filet Sandwich
Thai Curry Chicken with Steamed Rice
Thai Curry Chickpeas with Steamed
Rice
Double Decker PB&J Sandwich
Steamed Broccoli
Sweet Potato Waffle Fries

Chicken Filet Sandwich

Pizza: Cheese (V), Pepperoni, Specialty Buffalo Chicken Dip with Chips Buffalo Chickpea Dip with Chips Chicken Caesar Salad Vegetarian Caesar Salad Veggie Dippers Caesar Side Salad or Kale Caesar Side Salad Hamburger/Cheeseburger
Bacon Burger/Bacon Cheeseburger
Spicy Black Bean Burger
Halal Hamburger and Cheeseburger
Classic Macaroni and Cheese with
Shrimp Poppers
Chicken Bites Salad, Vegetarian
Chef Salad
Crispy Tater Tots
Roasted Squash & Zucchini

Week of: Sept. 9 Oct. 14 (Oct. 14 Digital Learning Day) Nov. 11 Dec. 16 (Dec 19 & 20 Early Release)

(Dec 23-31 Winter Break)

Vegan Chik'N Nuggets with Dinner Roll BBQ Pork Sandwich Yogurt Plate Seasoned Spiral Fries BBQ Baked Beans

Chicken Tenders with Dinner Roll

Zesty Cheese Nachos (V)
Beef and/or Chicken Nachos
BYO Mediterranean Bowl
Taco Salad with Meat Choice
Vegetarian Taco Salad
Black Beans or Refried Beans
Corn Choice

Turkey Banh Mi Sub Asian-Inspired Chicken and Chicken Egg Roll with Steamed or Fried Rice Uncrustables Pack Stir Fry Vegetables Carrots Pizza: Cheese (V), Pepperoni, Specialty Shrimp Po' Boy Chicken Caesar Salad Vegetarian Caesar Salad Roasted Ranch Broccoli Garden Side Salad Hamburger/Cheeseburger
Spicy Black Bean Burger
Halal Hamburger and Cheeseburger
Pasta Choice with Garlic Texas
Toast
Chicken Tender Salad
Vegetarian Chef Salad
Crinkle Cut Sweet Potato Fries
Mediterranean Cucumber Salad

Week of: Sept. 16 (Sept. 23-27 Fall Break) Oct. 21 Nov. 18 (Nov 25-29 Thanksgiving

Break)

Breaded Chicken Leg with Dinner Roll
Cheese French Bread Pizza
Pepperoni French Bread Pizza
Yogurt Plate
Steamed Green Beans
Corn Choice

Zesty Cheese Nachos (V)
Beef and/or Chicken Nachos
Crispy Chicken Tacos and/or
Crispy Beef Tacos
Baked Potato Bar with Roll
Taco Salad with Meat Choice
Vegetarian Taco Salad
Steamed Broccoli
Baby Carrots

Chicken Filet Sandwich Spicy Chicken Filet Sandwich Asian Inspired Chicken and Chicken Egg Roll with Steamed or Fried Rice Double Decker PB&J Sandwich Veggie Dippers Seasoned Spiral Fries

Pizza: Cheese (V), Pepperoni, Specialty Three Cheese Egg Bites and Biscuit Chicken Caesar Salad Vegetarian Caesar Salad Charro Beans or Pinto Beans Caesar Side Salad or Kale Caesar Side Salad Hamburger/Cheeseburger
Bacon Burger/Bacon Cheeseburger
Spicy Black Bean Burger
Halal Hamburger and Cheeseburger
Classic Macaroni and Cheese with
Shrimp Poppers
Greek Salad with Chicken
Greek Salad with Chickpeas
Crinkle Cut Sweet Potato Fries
Coleslaw

Daily Offerings:

Assorted Milk · Assorted Fruit Options · 100% Juice · Vegetarian Entrees
Locally Sourced Ingredients Offered Regularly

This institution is an equal opportunity provider.

Lunch Prices Student Free: \$0* Student Reduced: \$0 * Student Full Pay: \$3.50 * School Staff: \$5 Guest: \$5.25