



Want to pay for your student's meals  
online or check their account status?  
Visit [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

Menu Subject to Change Based on Product Availability

# 2024 Middle School Lunch Menu

## Award-Winning Farm to School Participant

We offer Whole Grain Rich Products

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of:</b> Jan. 8 Feb. 5 March 11 April 15 May 13	Chicken Tenders with Dinner Roll Vegan Chik'N Nuggets with Dinner Roll BBQ Pork Plate with Garlic Texas Toast Yogurt Plate BBQ Baked Beans Mashed Sweet Potatoes	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Hot Flatbread Choice Taco Salad with Meat Choice Superb Vegetarian Taco Salad Black Beans or Refried Beans Cucumber Tomato Veggie Dipper	Cuban Sandwich Asian-Inspired Chicken with Steamed or Fried Rice Uncrustables Pack Stir Fry Vegetables Baby Carrots	Pizza: Cheese (V), Pepperoni, Specialty Chicken Tikka Masala with Steamed Rice Chana Masala (V) with Steamed Rice Corn Choice Garden Side Salad Chicken Caesar Salad Vegetarian Caesar Salad	Hamburger/Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Beef Enchiladas (red or green) Black Bean Enchiladas (red or green) Chicken Tender Salad Vegetarian Chef Salad Seasoned Green Beans Steamed Broccoli
<b>Week of:</b> Jan. 15 Feb. 12 March 18 April 22 May 20	Chicken Bites with Dinner Roll Vegan Chik'N Nuggets with Dinner Roll Beef and Cheese Melt Yogurt Plate Mashed Potatoes Carrots	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Crispy Chicken Taco and/or Crispy Beef Tacos Chicken Shawarma Pita Taco Salad with Meat Choice Superb Vegetarian Taco Salad Charro Beans or Pinto Beans Ranch Cucumber Salad or Cucumber Dippers	Chicken Filet Sandwich Spicy Chicken Filet Sandwich Thai Curry Chicken with Steamed Rice Thai Curry Chickpeas with Steamed Rice Double Decker PB&J Sandwich Steamed Broccoli Sweet Potato Waffle Fries	Pizza: Cheese (V), Pepperoni, Specialty Buffalo Chicken Dip with Chips Buffalo Chickpea Dip with Chips Chicken Caesar Salad Vegetarian Caesar Salad Veggie Dippers Caesar Side Salad or Kale Caesar Side Salad	Hamburger/Cheeseburger Bacon Burger/Bacon Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Classic Macaroni and Cheese with Shrimp Poppers Chicken Bites Salad, Vegetarian Chef Salad Crispy Tater Tots Roasted Squash & Zucchini
<b>Week of:</b> Jan. 22 Feb. 26 March 25 April 29	Chicken Tenders with Dinner Roll Vegan Chik'N Nuggets with Dinner Roll BBQ Pork Sandwich Yogurt Plate Seasoned Spiral Fries BBQ Baked Beans	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos BYO Mediterranean Bowl Taco Salad with Meat Choice Vegetarian Taco Salad Black Beans or Refried Beans Corn Choice	Turkey Banh Mi Sub Asian-Inspired Chicken with Steamed or Fried Rice Uncrustables Pack Stir Fry Vegetables Carrots	Pizza: Cheese (V), Pepperoni, Specialty Shrimp Po' Boy Chicken Caesar Salad Vegetarian Caesar Salad Roasted Ranch Broccoli Garden Side Salad	Hamburger/Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Mini Cheese Ravioli or Cheese Lasagna Roll Up with Garlic Texas Toast Chicken Tender Salad Vegetarian Chef Salad Crinkle Cut Sweet Potato Fries Mediterranean Cucumber Salad
<b>Week of:</b> Jan. 29 March 4 April 8 May 6	Breaded Chicken Leg with Dinner Roll Cheese French Bread Pizza Pepperoni French Bread Pizza Yogurt Plate Steamed Green Beans Corn Choice	Zesty Cheese Nachos (V) Beef and/or Chicken Nachos Crispy Chicken Tacos and/or Crispy Beef Tacos Baked Potato Bar with Roll Taco Salad with Meat Choice Vegetarian Taco Salad Steamed Broccoli Baby Carrots	Chicken Filet Sandwich Spicy Chicken Filet Sandwich Asian Inspired Chicken with Steamed or Fried Rice Double Decker PB&J Sandwich Rainbow Slaw Seasoned Spiral Fries	Pizza: Cheese (V), Pepperoni, Specialty Breakfast Chilaquiles Chicken Caesar Salad Vegetarian Caesar Salad Charro Beans Caesar Side Salad or Kale Caesar Side Salad	Hamburger/Cheeseburger Bacon Burger/Bacon Cheeseburger Spicy Black Bean Burger Halal Hamburger and Cheeseburger Classic Macaroni and Cheese with Shrimp Poppers Greek Salad with Chicken Greek Salad with Chickpeas Crinkle Cut Sweet Potato Fries Coleslaw

**Daily Offerings:**

Assorted Milk • Assorted Fruit Options • 100% Juice • Vegetarian Entrees  
Locally Sourced Ingredients Offered Regularly

equal opportunity  
provider.

**Lunch Prices**

Student Free: \$0\* Student Reduced: \$0 \* Student Full Pay:  
\$3.50 \* School Staff: \$4.75 Guest: \$5.00