



**HS Modern Dance Level III
GSE Standards**



Creating

DHSMOD3.CR.1

Demonstrate an understanding of creative/choreographic principles, processes, and structures.

- a. Generate original modern dance phrases from a variety of sources (e.g. instructor-guided and self-guided improvisation).
- b. Manipulate modern dance phrases using the elements of choreography.
- c. Demonstrate various modern dance techniques through personal choreography.
- d. Manipulate personal and structured modern dance combinations to create an informal modern dance work.
- e. Demonstrate and recognize a variety of structures or forms (e.g. AB, ABA, cannon, callresponse, narrative).

DHSMOD3.CR.2

Demonstrate an understanding of dance as a form of communication.

- a. Recognize how the use of choreographic structure is used to communicate meaning in a modern dance.
- b. Identify the use of abstract theme through modern dance movement.

Performing

DHSMOD3.PR.1

Identify and demonstrate movement elements, skills, and terminology in dance.

- a. Execute an intermediate-level modern-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, contract/release, fall/recovery, high release, spirals, head-tail connection, Bartenieff Fundamentals).
- b. Execute intermediate principles of modern dance technique with clarity and control for classroom and performance.
- c. Execute focus, control, and coordination in performing intermediate combinations through the integration of modern dance elements.
- d. Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus.
- e. Understand similarities of movement concepts between modern dance techniques, and apply appropriate terms and skills for specific movement contexts.



- DHSMOD3.PR.2 Understand and model dance etiquette as a classroom participant, performer, and observer.**
- a. Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment.
 - b. Demonstrate concentration and focus, and help to maintain a respectful performance environment for others.
 - c. Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances.
 - d. Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer.
- DHSMOD3.PR.3 Recognize concepts of anatomy and kinesiology in movement.**
- a. Exhibit use of self-monitoring methods to refine and improve alignment and modern dance technical skills.
 - b. Define, describe, and execute functions of anatomy as they relate to modern dance styles, and how preparation for different modern dance techniques differ.
 - c. Apply principles of injury prevention for modern dance to personal practices in preparing for modern dance class and performance.
- DHSMOD3.PR.4 Understand and apply music concepts to dance.**
- a. Synthesize musical concepts with self-initiation in instructed and created modern dance movements and phrases.
 - b. Demonstrate initiative in phrasing modern movements artistically, aesthetically, and musically.

Responding

- DHSMOD3.RE.1 Demonstrate critical and creative thinking in all aspects of dance.**
- a. Critique modern dance qualities and choreography using the elements of modern dance (e.g. spatial design, variety, contrast, clear structure).
 - b. Observe, critique, analyze, and respond to the quality of modern dance performances and compositions using specified criteria and appropriate modern dance terminology.
 - c. Compare and contrast multiple modern dance works.
 - d. Describe aesthetic qualities particular to various modern dance techniques.
 - e. Propose ways to revise modern dance choreography according to established assessment criteria.
 - f. Engage in self-reflection and self-assessment as a creator and performer.
 - g. Defend or justify the similarities and differences between observing live and recorded modern dance performances.



Connecting

DHSMOD3.CN.1

Understand and demonstrate dance throughout history and in various cultures.

- a. Analyze the role and significance of modern dance in social, historical, cultural, and political contexts.
- b. Execute movement from various modern dance techniques.

DHSMOD3.CN.2

Recognize connections between dance and wellness.

- a. Compare and contrast the effects of healthy and unhealthy practices in modern dance.
- b. Identify and explore the capabilities and limitations of the body.
- c. Explore historical and cultural images of the body in modern dance and compare them to images of the body in contemporary media.
- d. Demonstrate how personal discipline is necessary to achieve success in meeting personal goals.

DHSMOD3.CN.3

Demonstrate an understanding of dance as it relates to other areas of knowledge.

- a. Compare and contrast modern dance to other art forms.
- b. Explore commonalities of essential concepts shared between modern dance and other subject areas.
- c. Identify career possibilities in modern dance and dance related fields.