

# **COUNSELOR'S CORNER**

## **GROWING THROUGH THE GRIND**

As we move through November, our hearts are full of gratitude for the Hillgrove community. We are thankful for our students who show resilience and kindness each day, for families who partner with us in support, and for staff who pour into our school with dedication and care. Together, we make Hillgrove more than just a school — we make it a family.

Thank you for allowing us to be part of your child's journey.

Stay up to date by following @hillgroveschoolcounseling,

Band App, and checking CTLS!

A - Dau Ms. Berry
Dav - Hol Ms. Calloway
Hom - Mil Dr. Boyle
Mim - Sc Ms. Davis
Sd - Z Mr. Washington

# H. A. W. K. S.

#### Keep Up the Momentum

"Showing up is the first step toward anything worth doing."

As we move into the final stretch before the break, the days can feel long and energy can run low. Yet this is often when showing up matters most. Progress isn't built on perfect days or flawless effort—it's built on persistence, presence, and the choice to keep trying, even when motivation fades. Encourage your Hawk to remember that "showing up" takes many forms: being present in class, finishing a task they'd rather skip, or simply giving their best attitude on a tough day. These small acts of consistency create confidence and character over time. As parents and caregivers, you can model this by celebrating effort as much as outcomes. Ask your child, "What's one thing you showed up for today, even when it was hard?" Remind them that growth doesn't happen overnight—it happens each time we take a step forward, no matter how small. Together, let's help our students finish strong by simply keeping up the momentum.

#### 9th Grade

Results for the mini-ACT will be available in a few weeks. The results will come to the email your child provided during the test.

As we close the semester, a reminder that school-wide tutoring and Hawk Hours are great resources for students!

#### 10th Grade

Results for the PSAT will be available in a few weeks. The results will be available via College Board. We encourage students to link their College Board and Khan Academy to help with study materials. You can find more information by visiting the link here.

#### 11th Grade

Check CTLS for information on prepping for senior year. We have information about testing, GPAs, Dual Enrollment, HOPE/Zell Miller, Scholarships, trade school resources, and more!

Visit the link <u>here</u> for the 11<sup>th</sup>
Grade Checklist!

### **Important Reminders**

November 4<sup>th</sup> - Election Day

November 17<sup>th</sup> - 21<sup>st</sup> - Apply to College Week

November 19<sup>th</sup> - Apply to College Day November 20<sup>th</sup> - Instant Decision Day

November 24<sup>th</sup> - 28<sup>th</sup> - Thanksgiving Break

#### 12th Grade

November is Apply to College Month! Many applications are free. Our Apply to College Day will be on Wednesday, November 19<sup>th</sup> and our Instant Decision Day will be on Thursday, November 20<sup>th</sup>. Check your emails for the sign up and flyers!

Reminder to be sure your senior has completed their Graduation Form and request tickets!

