



Pine Mountain Middle School
Cobb County School District
"One Team, One Goal: Student Success"

David Nelson
Principal

August 4, 2025

Dear Parent/Guardian:

On October 8, our school will participate in a scoliosis screening program to identify students with signs of a possible abnormal curvature of the spine. It is known that two children out of every 100 may have scoliosis. If this condition is detected early and appropriately treated, progressive spinal deformity can usually be prevented.

The procedure for screening is a simple test in which the trained local school screener looks at the child's back in the standing position and while bending forward. Boys and girls are screened separately. Girls should wear a bra or sports bra under their clothes on the day of screening. A second screening will be held on a separate date to screen students who were absent or found to have a possible curve during the initial screening.

If the need for a secondary screening arises, this will be done by the Cobb / Douglas Public Health Nurses and/or Cobb County Consulting Nurses. A video on scoliosis screening in schools will be shown to the students prior to the screening date. To view video, please visit the Pine Mountain Middle School website under the resources link.

If your child has a suspected curvature, you will be notified, by mail, with recommendations regarding further evaluation of your child.

The following options are available with regards to scoliosis screening.

1. I want my child to be screened.

To do: nothing. Your child will be screened October 8th.

2. I want a physician to screen my child prior to October 8th.

To do: Take the attached 4400 form to a physician with an active GA license or a PA, NP, RN, or LPN working under a physician. The local health department also offers screenings and can be contacted at 770-514-2300. Return the completed form to your student's homeroom teacher or to Ms. Stigler in the front office.

3. I do not want my child to be screened by a local school trained screener.

To do: Complete the top portion of the 4400 form **AND** the bottom portion of the 4400 form. Please check appropriate "opt-out" box in order so that your student will NOT be screened.

Sincerely,

David Nelson, Principal



Form #4400
Certificate of Scoliosis Screening

Scoliosis Screening is required for students in two grade levels determined by each school district.

This form must be completed in its entirety and returned to the child's school.

This form is for use by providers when screening, not for mass screening events provided at school.

Student name: _____
First Middle Last

Date of Birth: __/__/____ Gender: Male__ Female__ Grade: ____

Student Address: _____
Street City

Zip code County State

Name of School: _____

Parent/Guardian Contact information:

Name: _____

Phone number: _____

Email: _____@_____

Scoliosis Screening (Adams Forward Bend Test) Results:

Negative screen: _____

Needs further evaluation: _____

Referred to provider: _____

Screener's Comments:

Screening completed by:

Physician Practice: _____

County Health Department: _____

Licensed School Nurse: _____

Screener Information:

Name: _____ Office Address: _____

Signature: _____ Date: __/__/____

Parent/Guardian – Complete This Portion Only if Student Will Not Be Screened

Opt-out

____ I do not want my student to be screened for scoliosis at this time.

____ The student listed above is currently under professional care for scoliosis.

Parent/Guardian's Signature: _____ Date: __/__/____

Georgia Department of Public Health

Form #4400

Certificate of Scoliosis Screening

What is scoliosis?

Scoliosis is an abnormal curvature of the spine. If detected early in a child's life, it may be possible to treat the condition and prevent it from becoming more serious.

Who is required to file this Form #4400?

The parent or guardian of a student entering the grade levels which are determined by each school district shall furnish to school authority a properly executed DPH Form #4400, Certificate of Scoliosis screening. The grade level which this is needed is determined by each school district. It will take place twice between 5th and 10th grade.

These time periods were chosen because these are the years when rapid growth occurs, and scoliosis is most likely to become observable.

What is the purpose of Form #4400?

Form #4400 is intended to ensure every child in Georgia public schools is screened for spinal deformities. The best place for this screening to take place is in the student's medical home. The earlier these problems are detected the earlier parents/guardians can seek professional help for their student.

What screenings are required?

The "Adams Forward Bend Test" is required, and the results must be documented on the Form #4400 before it is filed with the school. The Adams Forward Bend test is a simple painless observation of the child's back as he or she stands and bends over.

What provider can conduct the screenings?

The screening can be conducted by a physician with an active GA license or a PA, NP, RN, LPN or other staff working under the supervision of a physician with an active GA license, nurses at the local health department, and licensed school nurses.

What should a parent do if the "Needs further evaluation" box is checked?

If the "Needs further evaluation" box is checked, then the parent/guardian should take the student to a medical provider for a more detailed evaluation. Your physician or local health department may be able to help or recommend someone who can help.

What if a Form #4400 was previously filed for the child at another school?

Form #4400 should become part of the student's permanent record. If a student transfers schools, the school where the form was filed is required to forward Form #4400 to the new school.

What happens if Form #4400 is not completed for students in the two grade levels designated by the school district?

Students without Form #4400 on file will be screened by school staff during a mass scoliosis screening event during the school year. The grade level in which this screening is performed is determined by each school district. It will take place twice between 5th and 10th grade.



Formulario n.º 4400
Certificado de prueba de detección de escoliosis

A los estudiantes de dos niveles de grado, que cada distrito escolar determina, se les requiere la prueba de detección de escoliosis.

Este formulario se debe completar en su totalidad y se debe devolver a la escuela del niño.

*Este formulario es para que los proveedores lo usen cuando realicen la prueba y **no** para los eventos masivos de pruebas que se ofrecen en la escuela.*

Nombre del estudiante: _____
Primer nombre _____ Segundo nombre _____ Apellido _____
Fecha de nacimiento: __/__/____ Sexo: Masculino__ Femenino__ Grado: ____
Dirección del estudiante: _____
Calle _____ Ciudad _____
Código Postal _____ Condado _____ Estado _____
Nombre de la escuela: _____

Información de contacto del padre o tutor:

Nombre: _____
Número de teléfono: _____
Correo electrónico: _____@_____

Resultado de la prueba de detección de escoliosis (prueba de inclinación de Adams):

Prueba negativa: _____
Necesita una evaluación adicional: _____
Referido al proveedor: _____

Comentarios del examinador: _____

Prueba realizada por:

Médico: _____ Departamento de Salud del Condado de: _____
Enfermera escolar licenciada: _____

Información del examinador:

Nombre: _____ Dirección del consultorio: _____
Firma: _____ Fecha: __/__/____

Padre o tutor: Complete esta sección solamente si el estudiante no será examinado.

Exclusión voluntaria

____ No quiero que se examine al estudiante para detectar la escoliosis en este momento.

____ El estudiante nombrado arriba está actualmente bajo tratamiento profesional para la escoliosis.

Firma del padre o tutor legal: _____ Fecha: __/__/____

Departamento de Salud Pública de Georgia

Formulario n.º 4400

Certificado de prueba de detección de escoliosis

¿Qué es la escoliosis?

La escoliosis es una curvatura anormal de la columna vertebral. Si se detecta a temprana edad en un niño, es posible tratarla e impedir que se vuelva más grave.

¿Quién debe presentar este formulario n.º 4400?

El padre o tutor de un estudiante que ingrese a los niveles de grado, que son determinados por cada distrito escolar, debe proporcionarle a la autoridad escolar el formulario n.º 4400 del DHS, Certificado de prueba de detección de escoliosis, realizado correctamente. Cada distrito escolar determina el nivel de grado para el que se necesita. Se realizará dos veces entre el 5.º y el 10.º grado.

Estos períodos se eligieron porque abarcan las edades en que se produce el crecimiento rápido de los niños y donde es más probable que se pueda observar la escoliosis.

¿Cuál es la finalidad del formulario n.º 4400?

El propósito del formulario n.º 4400 es asegurar que todos los niños de las escuelas públicas de Georgia sean examinados para detectar deformidades en la columna vertebral. El mejor lugar para realizar esta prueba es en el entorno de atención médica del estudiante. Cuanto antes se detecten estos problemas, más pronto los padres o tutores podrán buscar ayuda profesional para su estudiante.

¿Qué pruebas se necesitan?

Se requiere hacer la «prueba de inclinación de Adams», y los resultados se deben documentar en el formulario n.º 4400 que se presentará a la escuela. Esta prueba es una simple observación indolora de la espalda del niño mientras está de pie y se inclina hacia adelante.

¿Qué proveedor puede realizar las pruebas?

La prueba puede ser realizada por un médico con licencia activa de Georgia o por un asistente médico (PA), enfermera de práctica avanzada (NP), enfermera registrada (RN), enfermera práctica licenciada (LPN), o por una persona que trabaje bajo la supervisión de un médico con licencia activa de Georgia, enfermeras del Departamento de Salud local y enfermeras escolares licenciadas.

¿Qué debe hacer un padre si la casilla «Necesita una evaluación adicional» está marcada?

Si esta casilla está marcada, el padre o tutor debe llevar al estudiante a un proveedor médico para que le realice una evaluación más exhaustiva. Su médico o el Departamento de Salud local puede ayudarlo o recomendarle a alguien que lo ayude.

¿Qué pasa si se presentó un formulario n.º 4400 previamente del niño en otra escuela?

Este formulario debe estar en el registro permanente del estudiante. Si el estudiante se transfiere a otra escuela, la escuela donde presentó el formulario tiene la obligación de enviar el formulario n.º 4400 a la escuela nueva.

¿Qué pasa si no se completa el formulario n.º 4400 de los estudiantes en los dos niveles de grado designados por el distrito escolar?

Los estudiantes que no tienen el formulario n.º 4400 en su registro serán examinados por el personal de la escuela durante el evento masivo de detección de escoliosis durante el año escolar. Cada distrito escolar establece el nivel de grado en el que se lleva a cabo esta prueba. Se realizará dos veces entre el 5.º y el 10.º grado.