

## THE WARRIOR WEEKLY

**WARRIOR NATION: INSPIRING EXCELLENCE** 

November 17, 2025: Volume 193



WELLNESS WEDNESDAY: Inside Out - Dress up as an emotion Lunch Activity: Tell us what you're feeling! Place a sticker on the Mood

THANKFUL THURSDAY: BBQ Dad vs Soccer Mom
Lunch Activity: Show thankfulness for your family support.

PHYSICAL HEALTH FRIDAY: Wear a jersey

Lunch Activity: Write your favorite physical activity.





SCAN THE OR CODE









THURSDAY, NOVEMBER 20 7:45AM FILM ROOM























